

# WELL-USED HEALTHY GREENSPACES

**Objective 4: WELL-USED HEALTHY GREENSPACES**

Increase the use and awareness of greenspaces for patients, staff and communities focusing on reducing health inequalities



**NATURE BASED HEALTH ACTIVITIES**

**SHORT TERM IDEAS SO FAR**

1. Staff Wellbeing Garden - this is being developed at St Roque's (in progress).
2. Staff, patient and visitor seating spots with privacy by planting hedges or using walls as backdrops.
3. Growing spaces 1 - Pavilion wards.
4. Growing spaces 2 - Accessible therapeutic garden (OT) (movable), organised to create sociable, accessible growing spaces.
5. Growing spaces 3 - Charles Bell building.
6. Picnic tables outside the café / canteen and other buildings with south facing façades, to increase the outdoor seating opportunities by varying the type and style of furniture.

**LONG TERM IDEAS SO FAR**

7. Walled / Secret Garden - greenspace for staff well-being programmes.
8. Outdoor activities covered space - also forms a landmark (wayfinding) structure in a central location.

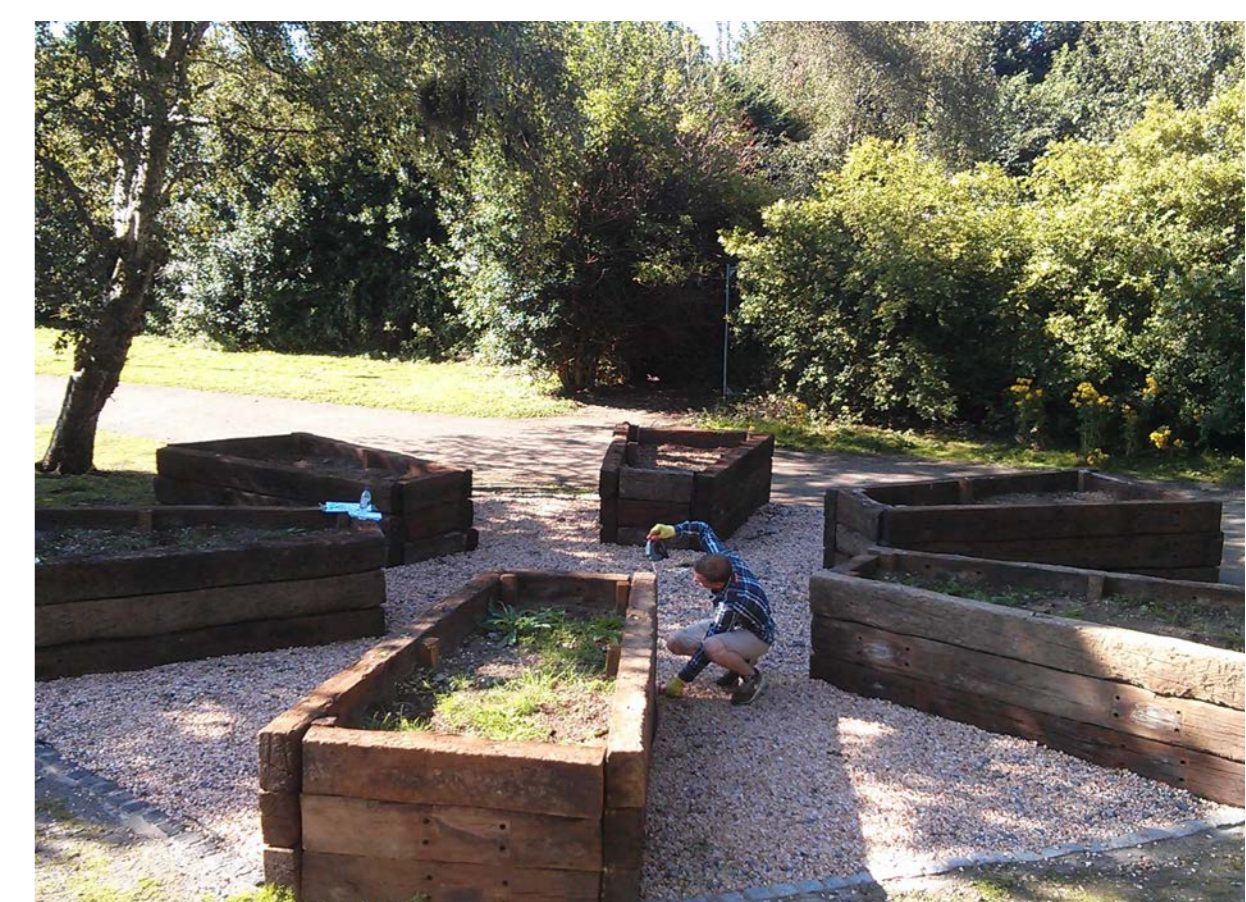
*"Seating for outside relaxation that doesn't involve venturing out from under cover."*

*"Patients and families are always asking about where to get tea or coffee nearby, so perhaps a pop-up coffee shop for a couple hours during the day?"*

*"I use the covered statue as a landmark when giving people directions!"*



COVERED, LEVEL, ACCESSIBLE OUTDOOR WORKSHOP SPACE



THERAPEUTIC GARDENING; SOCIAL LAYOUT

