

LOTHIAN GREEN SOCIAL PRESCRIBING FORUM



START SMALL

WORD OF MOUTH

WE ARE TALKING ABOUT US - WE ALL JUST WANT TO BE WELL AND GETTING ON IN OUR WORLD.

3RD SECTOR PRACTITIONERS COULD GIVE PRESENTATION TO REFERRERS

TIME

CREATING A COMMUNITY OF PRACTICE FOR GREEN SOCIAL PRESCRIBING

FIND AND BE CHAMPIONS

TIPPING POINT

IF ENOUGH PEOPLE KEEP ASKING TO WORK LIKE THIS, EVENTUALLY YOU WILL REACH A TIPPING POINT AND GREEN SOCIAL PRESCRIBING WILL BECOME NORMAL PRACTICE

Making the case for good conversations

NHS STANDARD GREEN PRESCRIPTION FORM

INDIVIDUAL NEEDS SUPPORT REQUIRED

FOCUSSED ON HEALTH INEQUALITIES

BUILD TRUST

RELATIONSHIPS

USE THE LANGUAGE OF OTHER ORGANISATIONS

KEEP IT SIMPLE

ONCE YOU'VE HAD YOUR EYES OPENED YOU CAN DO THIS YOURSELF

SYSTEM WIDE SUSTAINABILITY

Making it mainstream

PERSON AND COMMUNITY CENTRED

WARM WATCH FOR

IT'S HARD TO FILL IN REFERRAL FORMS AT A G.P SURGERY

THERE NEEDS TO BE TRUST BETWEEN YOURSELF AND THE PARTICIPANT AND YOURSELF AND THE REFERRER

CHANGE THE PUBLIC PERCEPTION THAT A GP CONSULTATION = MEDICATION

BUILD EVIDENCE SLOWLY

SENSITIVE EVALUATION

OUTCOME MAPPING

JOURNALS + STORIES

MEMBERSHIP DATA

PREScriber AS FACILITATOR NOT FIXER

NEED TO LET PEOPLE GO AT THEIR OWN PACE

WHAT DO YOU WANT TO DO?

SHIFT POWER

TRAUMA IS PART OF ALL OUR LIVES

EQUIPMENT AND CLOTHING?

MEET BASIC NEEDS

CONSIDER PRACTICALITIES - BARRIERS

BE FLEXIBLE AND REVIEW

INVEST TIME AND RESOURCES

ABSORBED

NEUTRAL SPACES

ESCAPE OWNERSHIP BELONGING

TIME AND TRANSPORT

CHILD CARE LACK OF STRUCTURED ROUTINE?

PERCEPTION OF SELF "IT'S NOT FOR ME"

3RD SECTOR PROVIDERS NEED LONG TERM SUSTAINED FUNDING

BUILD A LOCAL NETWORK

Making connections

REFERRER

SERVICE PROVIDER

LOCAL STEERING GROUPS

ACTION PLAN

STRONG PARTNERSHIPS

FOR WHEN THINGS GO WRONG

LOCAL UP TO DATE ACTIVITIES DIRECTORY

UNIVERSAL GREEN PRESCRIBING TOOLKIT

IT REALLY TAKES YOU AWAY I WAS SURPRISED WHEN YOU SAID THERE WAS 5 MINUTES LEFT

Supporting NHS Lothian



Edinburgh & Lothians Health Foundation

SEEING OTHER LIVING THINGS AND PEOPLE UNDERSTAND THEIR STRUGGLES HELPS THEM TO HELP THEIR OWN LIVES AND EMP



greenspace Scotland

NEWBATTLE ABBEY COLLEGE 21.03.22 11am - 4:30pm

drawn by www.jenny.coopdraws.com