

Staff Lottery self-exclusion form

Title	
Full name	
NHS Lothian email address	
Home address	
Postcode	
Contact telephone number	

Please exclude me from the Staff Lottery, managed by NHS Lothian Charity, with immediate effect. I understand that by submitting this form, the exclusion will remain in place until I contact you to let you know that I wish to begin gambling again.

Please note that by law the self-exclusion must apply for a minimum period of 6 months.

Signature	
Date	

Please complete this form if you wish to be excluded from the Staff Lottery, managed by NHS Lothian Charity, **and return to the Charity fundraising team at hello@nhslothiancharity.org**, or post to NHS Lothian Charity, Waverley Gate, 2-4 Waterloo Place, Edinburgh, EH1 3EG. The team will confirm receipt of your request for self-exclusion. Thank you.

If you or a family member feel that you are experiencing problems with gambling, you can seek advice and support from trained counsellors at [BeGambleAware](https://www.begambleaware.org) by calling the National Gambling Helpline on 0808 8020 133 or visit their website <https://www.gambleaware.org/>

GambleAware

Software is available to prevent an individual computer from accessing gambling internet sites – please see <http://www.gamblock.com> for further information.