



NHS Lothian
Charity

Annual Report and Financial Statements 2023/2024



Contents

Welcome from our Chair	03
Trustees' report	
Our Vision	05
Our Partner	06
Our Strategy	08
Highlights 2023/24	12
Strategic programmes	15
Grants and funds	26
Plans for 2024/25	30
Fundraising	32
Financial review	36
Policies	40
Principal risks and their management	42
Structure, governance and management	44
Auditor's report and financial statements	
Independent auditor's report	49
Financial statements	52
Notes to the financial statements	55

Cover photo by Craig Easton and Lottie Davies

Welcome from our Chair



On behalf of the Board of Trustees, I would like to thank all our supporters, partners, volunteers and staff for everything they have done to support NHS Lothian Charity in yet another busy year. Our holistic approach compliments the work of NHS Lothian, recognising that healthcare also extends beyond hospital walls and medical care. Thanks to you all, we have been able to continue our work investing in a range of projects and strategic programmes to improve the health of the people in Lothian.

It was wonderful to see our Tonic Arts programme celebrated at the Scottish Parliament in September, showcasing the transformative power of the arts in improving our health and wellbeing. Patients, staff and partners spoke of innovative and pioneering practice. Examples included creative workshops to support mental health patients and inform a beautiful glass display for the Royal Edinburgh Hospital, the feeling of 'nature bathing' as you walk round East Lothian Community Hospital thanks to our art enhancement project, and uplifting musical performances for patients and staff such as the world-renowned London Symphony Orchestra.

Our Green Health Team worked with RSPB to pilot nature connections at the Western General Hospital, focussing on connecting patients with nature outdoors as well as bringing nature indoors. We also continued to support the development of outdoor areas for both patients and staff in acute and community settings.

With our support, NHS Lothian's Voluntary Services team also continued to deliver their innovative volunteering programme, benefitting patients, visitors, staff and the volunteers themselves. This year saw 23 young people, who face additional challenges, complete a four-week intensive volunteering programme.

We completed our ambitious plan to provide wellbeing spaces across NHS Lothian sites. Our impact evaluation highlighted that, as well as boosting morale and helping staff to feel valued, these spaces have increased awareness around the importance of staff wellbeing activities, e.g. taking breaks.

We supported innovation and transformation in healthcare, providing funding for enhancements to clinical areas, patient amenities and support, specialist equipment, and life-changing research above and beyond what the NHS can provide. This year saw us continue our provision of welfare advice for patients and staff through our Income Maximisation project, benefitting both individuals and the wider community. We also supported a sensory modulation room for children who may become overwhelmed by their surroundings.

We continue to find ourselves in a challenging world, with the NHS facing pressures, and uncertainties around fundraising. We remain incredibly thankful for the support of the many people and organisations who made donations, volunteered, and took on challenges to show their appreciation for the NHS. Your enthusiasm and commitment significantly improve the lives of patients, staff and the wider community, at a time when they most need it.

A. Fleming

Andrew Fleming
Chair of Trustees



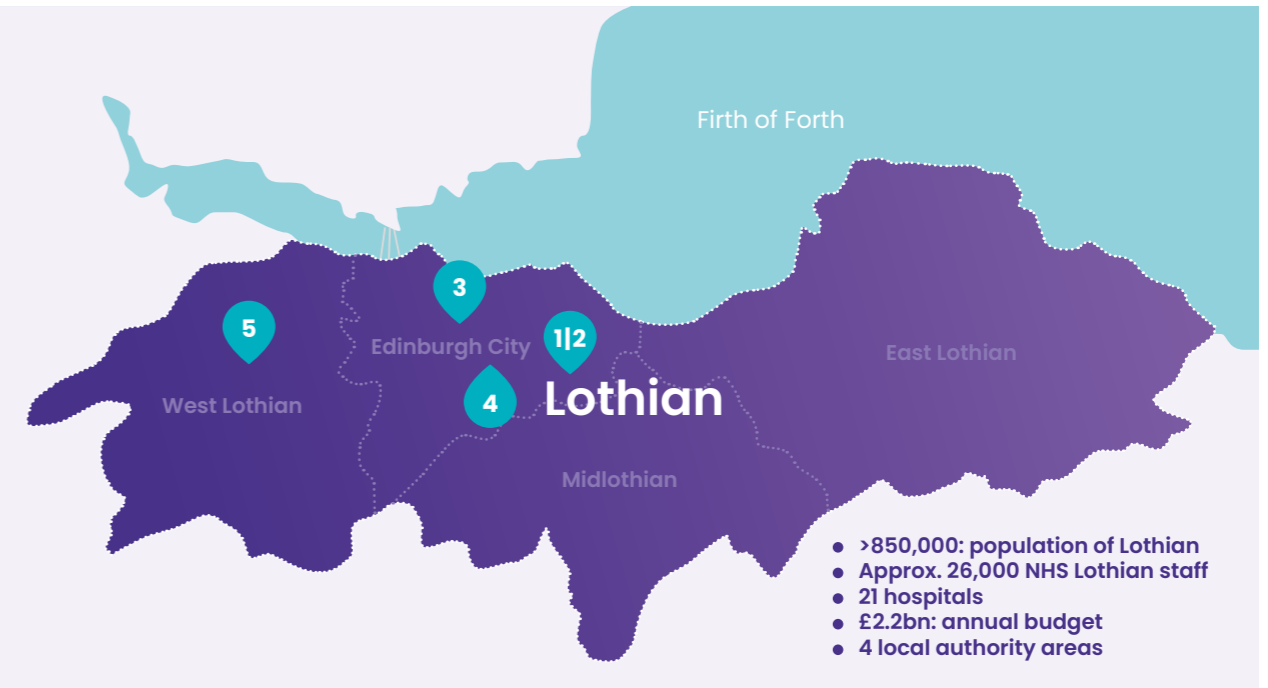
Trustees' Report



Our Vision

Making healthcare better, together.

We're proud to be the official charity of NHS Lothian. As a strategic asset of the board, we are here to help NHS Lothian provide outstanding care and support for everyone who uses or delivers its services; whether that's patients, their families, staff or communities. Working together, we help create opportunities, enable innovation, and transform healthcare for all our communities. Our expertise, experience and resources enable us to tap in directly to what is needed and target support that has a positive impact on health and wellbeing across Edinburgh and the Lothians.



Our Partner NHS Lothian

NHS Lothian provides a comprehensive range of primary, community-based and acute hospital services for the populations of Edinburgh, Midlothian, East Lothian and West Lothian. They also provide selected services for patients in the Borders and in Fife, and are a national centre of expertise for various specialties provided to people across Scotland.

The Lothian Region has the second largest residential population in Scotland, and its population is growing faster than anywhere else in Scotland. NHS Lothian is the second largest NHS Board in Scotland and one of the largest healthcare organisations in the UK.

The Lothian Health and Care System is a partnership between the five bodies with responsibility for the planning, commissioning, and delivery of health and care services in the Lothians: NHS Lothian, East Lothian Integration Joint Board, Edinburgh Integration Joint Board, Midlothian Integration Joint Board, and West Lothian

Integration Joint Board. The vision for the system is that:

- People live longer, healthier lives, with better outcomes for the care and treatment provided
- Health and social care services are connected seamlessly, wrapping around people in their home
- Performance is improved across the system, with better experiences for patients and the workforce

The Lothian Health and Care System has refreshed its strategic direction in light of the Covid-19 pandemic. The Lothian Strategic Development Framework 2022-2027 (LSDF) describes what NHS Lothian is trying to achieve, the current situation, the challenges it faces and the direction of travel it proposes to take. The LSDF was published in April 2022 and supersedes the previous NHS Lothian Strategic Plan, Our Health, Our Care, Our Future.

NHS Lothian has five main hospital sites that deliver acute hospital care as well as psychiatric and paediatric hospital services:

1. Royal Infirmary of Edinburgh is a major acute teaching hospital located on the Edinburgh BioQuarter site at Little France. With a 24-hour Accident and Emergency Department, it provides a full range of acute medical and surgical services for patients from across Lothian. Specialist services such as Transplant, Cardiothoracic and a Major Trauma Centre serve people from across the southeast of Scotland and beyond.

2. Royal Hospital for Children and Young People is a tertiary paediatric hospital with 242 beds which provides acute, general and specialist care to the children of Lothian and Southeast Scotland, including a paediatric Critical Care Unit, and day care and outpatient facilities. Some specialist services for children and young people across Scotland are also based here. Lothian's Child and Adolescent Mental Health Services and Melville Inpatient Unit are also based there. The new building, which opened in March 2021, is on the Little France campus.

3. Western General Hospital provides a comprehensive range of general and specialist services to the people of Edinburgh, the Lothians and beyond. The hospital has around 570 beds (including

day beds) and is home to the Edinburgh Cancer Centre, the Regional Infectious Diseases Unit, and the award-winning, nurse-led Minor Injuries Clinic. A state-of-the-art Renal Dialysis Unit and the Edinburgh Haematology Centre also occupy the site, both of which were enhanced by funding and Art & Therapeutic Design Project collaborations between NHS Lothian and NHS Lothian Charity.

4. Royal Edinburgh Hospital provides acute psychiatric and mental health services, including treatment for learning disabilities and dementia. Its specialist services include centres for the treatment of eating disorders, alcohol problems and young people's mental health.

5. St John's Hospital, Livingston is a modern teaching hospital that provides a comprehensive and expanding range of services, including a 24-hour Accident and Emergency Department, and specialist services including plastic surgery. There is a full paediatric service at the hospital, including an acute receiving unit, special baby unit, paediatric ward, and comprehensive range of outpatient services. It also has a reputation for excellence in maternity services. In addition, the hospital is home to the Short Stay Elective Surgical Centre, Lothian's specialist head and neck unit and the Hooper Hand Unit.

Our Strategy 2022-27

In September 2021, following a period of consultation with a wide range of stakeholders, including programme partners, charity staff and Trustees, we were pleased to launch our five-year Strategic Plan. The theory of change model included in this strategy forms the basis for our planning, implementation and evaluation.

Enabling Factors: → what needs to be in place to achieve our objectives and final goal

Activities: → core activities and services we fund across NHS Lothian

Intermediate Outcomes: → changes we want to see for our beneficiaries

Priority Objectives: →

Final Goal: → the overall impact we are trying to achieve

	Enabling Factors	Activities	Intermediate Outcomes	Priority Objectives	Final Goal
Partnerships	Effective relationships	Investment in the physical environment: Art & Therapeutic Design, Greenspace schemes, capital programmes	Improved knowledge and understanding of effective treatment and practice		
	Impact evaluation	Provision of non-clinical services: Tonic Arts, Greenspace and Health, Volunteer Services, Complementary therapies	Improved staff health and wellbeing		
Resources	Increased resources	Digital enhancements: enhanced Wi-Fi, virtual visiting	Improved hospital environment	Enhanced patient and carer experience	
		State-of-the-art equipment and clinical innovation: Capital Steering Group pipeline, Sim Training	New and/or improved clinical practice	Improved clinical outcomes for patients	Enhanced experience and care for patients in hospital and their communities
Visibility	Engaged, effective staff	Investment in clinical research and facilities: Specific Funds, Healthcare Professional's R&D award scheme	New and/or improved non-clinical practice	Improved staff wellbeing and professional development	
	Raised profile	Staff Wellbeing & Professional Development: Work Well: leadership post, staff spaces, Healthy Working Lives, Elsie's, Specific Funds	Improved clinical outcomes for patients		Have a positive impact on health in Lothians
Governance	Effective governance & management	Small Change, Big Impact: Specific Funds and Small Grants	Improved non-clinical experience for patients and hospital visitors	Improved community health/reduced inequality	
		Lothian Health Programme: facilitate/leverage intelligence and data from 3rd Sector/stakeholders, Role as NHS Lothian's civic anchor. Determine explicit measurable priority focus.	Improved knowledge and facilitated partnerships to develop test-of-change projects		

A key component of the strategy is our **four** priority objectives, which set the overall direction of the Charity, and the six enabling factors which facilitate the successful achievement of these objectives.

Priority Objectives:

specific changes we want to see for our beneficiaries.

1

Enhanced patient and carer experience

Summary Statement: enhancing the patient experience is in our DNA; historically the primary objective of all NHS charities. We support the patient throughout their entire healthcare journey: in primary care and the community setting, during a hospital stay or visit, and on their return home. Our non-clinical services include improvements to the physical environment, person-centred support and participation, and digital enhancement.

2

Improved clinical outcomes for patients

Summary Statement: supporting patients' health and wellbeing also takes the form of investing in clinical facilities and research, staff training and development, state-of-the-art equipment and clinical innovation. Our support enhances what is available through core funding, strengthening NHS Lothian's ability to improve clinical outcomes for patients.

3

Improved staff wellbeing and professional development

Summary Statement: our NHS colleagues deliver outstanding care for their patients, and we believe that their wellbeing is critical for improving the health and care of their patients, our beneficiaries. It has also been demonstrated clearly to us that donors and supporters want to say thank you to these everyday heroes. Our commitment to the workforce is to their wellbeing, training and professional development.

4

Improved community health and reduced health inequality

Summary Statement: our vision of making healthcare better for everyone is about supporting patients at every step in their healthcare journey and aligns with NHS Lothian's strategy of more care closer to home and healthier living. COVID shone a harsh spotlight on the health inequalities within our communities, forcing us to reconsider the way care is delivered, and prioritising community health needs and infrastructure.

Enabling Factors:

what needs to be in place to achieve our objectives and final goal.

1

Effective relationships

We work in strategic partnership with NHS Lothian, local Health and Social Care Partnerships and other partners to make a difference to people's health and wellbeing. Our relationships are most effective when they are underpinned by a commitment to a shared goal and a clear delivery framework.

2

Impact evaluation

We use evidence of what works to continuously improve our service delivery and grants. Qualitative and quantitative evaluation enables us to be reflective and agile, and review and revise our activities. By investing in evaluation systems, and by demonstrating our impact we motivate staff, raise our profile and secure more support.

3

Increased resources

We broaden our activities and reach our goal faster by increasing the resources available to us. Our strengthened fundraising capacity and responsibly managed investment portfolio provide both income and long-term capital to benefit present and future generations.

4

Engaged, effective staff

We are invested in our staff, and they in each other; we celebrate our successes. Our culture reflects our core values and behaviours, supports wellbeing, learning and personal and career development.

5

Raised profile

We are the recognised partner to NHS Lothian, and its entire workforce are our champions and advocates. Awareness of our work and our impact both internally and externally across multiple channels drives up support and income.

6

Effective governance & management

We are sector leaders in good governance and endowment management; we share with and learn from our stakeholders and peers to inform our work. Value-adding systems ensure a firm basis for future quality improvement.

Highlights 2023-24



Priority Objective 1: Enhanced patient and carer experience

- Read more about our development of new volunteer roles to support patients during their hospital stays on page 20 and how a partnership with Edinburgh International Festival led to the London Symphony Orchestra performing for over 1,200 patients, staff and visitors on page 16.
- We also completed wayfinding audits of NHS Lothian facilities, however, NHS Lothian financial challenges prevented the support of a comprehensive wayfinding strategy and improvement programme.
- RITA (Reminiscence Interactive Therapy Activities) machines funded through grants and funds brought comfort, distraction, and stimulation to patients with cognitive impairment who are often distressed during a hospital admission. One ward noted a reduction in incidental and adverse events from 14 to 7 a month following the purchase of RITA. Describing the impact on one patient, the lead nurse at the Meaningful Activities Centre in St John's Hospital said: "we saw that this speeded up his rehabilitation and as a result his anxiety levels came down as he felt more in control of his recovery. This reduced his length of stay in hospital." An activity coordinator at Midlothian Community Hospital said: "our patients love music and musicals so when we use RITA you see patients dancing, tapping their feet. Getting them up and moving is so much better than lying in a bed". The funding of a sensory room at the Royal Hospital for Children and Young People has had an equally positive impact on patients providing a safe space when the ward becomes over stimulating.

Priority Objective 2: Improved clinical outcomes for patients

- Read more about our ongoing support of the Clinical Academic Research Gateway Awards and Simulation Training on page 25.
- We also supported a number of research projects working towards improved clinical outcomes for patients including support for a research fellow to lead work in digital interventions for breast cancer care. A wider variety of equipment to support improvement

in patient outcomes was also funded, including additional ultrasound equipment, GripAble hand and forearm training devices for stroke recovery, and adjustable chairs for critical care patients.

- In SDEC (Same Day Emergency Care), we supported the purchase of equipment to speed up the process of identifying blood clots to allow treatment to begin sooner. The equipment means that 10 more patients a day can be seen at SDEC, alleviating pressure on the Emergency Department. This also improves patient experience: "we can now give the appropriate advice all before we close at 8pm. Prior to this the patient would have gone to a ward and stayed overnight." Nurse, SDEC.

Priority Objective 3: Improved staff wellbeing and professional development

- The Staff Support Service provided a tiered mental health service for staff ranging from informal peer support by staff volunteers to specialist psychological treatment. Read more on page 22.
- The completion of a programme to create 117 new or improved permanent wellbeing spaces for NHS Lothian staff. Read more on page 22.
- Additionally, we supported shelters for traffic management staff at the Royal Infirmary of Edinburgh to protect them from the elements, the creation of a joint Work Well/Charity Hub at the Royal Infirmary of Edinburgh, and refurbishment of office space for Junior Doctors at the Western General Hospital.

Priority Objective 4: Improved community health and reduced health inequality

- The hospital-based Income Maximisation Service continued to support patients facing a change in circumstance or financial hardship. Read more on page 24.
- Additionally, our Small Grants programme supported homeless people to engage with healthcare through the development of a choir, stress management programmes for individuals in prison, while our Green Health programme supported the development of green health activities for patients at the Access Place.

Enabling Factor 1: Effective relationships

- We continue to proactively engage with our strategic partner NHS Lothian through committee and board structures as well as inter-team relationship building.
- Recognising the knowledge and expertise of Third Sector organisations, we continue to develop strategic partnerships with local and national sector leaders to codesign and deliver, to share and learn, and to benefit from in kind gifts.

Enabling Factor 2: Impact evaluation

- Appointed an Evaluation Manager and began the development of an Evaluation Framework, whilst publishing and sharing multiple Impact Reports (e.g. Staff Wellbeing Spaces, Covid learning and legacy) to inform decision making and drive positive change.

Enabling Factor 3: Increased resources

- Increased levels of investment income during the year.
- Successful donor engagement resulted in exceeding all fundraising targets, where unsolicited cash gifts reduced.

Enabling Factor 4: Engaged, effective staff

- Annual staff satisfaction survey continues to score high (77% employee engagement). Staff appraisal and mandatory training remains high. Flexible work patterns support work-life balance.

Enabling Factor 5: Raised profile

- Supported the 75th birthday celebrations of the NHS, including challenge events and tea parties, and saw an increased number of companies partnering with us.
- Members of the team led speaker sessions at sector specific conferences.
- Won national award for Tonic Arts and Green Health projects.
- Hosted a Tonic Arts showcase event at the Scottish Parliament.
- Continued to increase reach and engagement across digital platforms.
- We also opened our second Charity Hub at the Royal Infirmary.

Enabling Factor 6: Effective governance & management

- Published, jointly with NHS Lothian, the official report – ‘Slavery, the Royal Infirmary and the legacies that remain today’, and supported a public apology for the historical facts and their impact on those who suffered.
- We signed the Funder Commitment on Climate Change and published an Investment Ethos statement.



General Fund Spend in the Year:



Strategic Programmes

Working closely with NHS Lothian colleagues, we have identified a number of areas for long-term investment. These strategic programmes are designed to work alongside and enhance core NHS Lothian services, providing targeted support to address and achieve our priority objectives.

Taking a strategic approach to investing in these areas year on year provides greater opportunity for innovation, evaluation and learning. This not only benefits the

programmes we directly fund, but also NHS Lothian Charity and NHS Lothian overall.

Our strategic programmes are:

- Tonic Arts
- Green Health
- Volunteering
- Staff Wellbeing
- Income Maximisation
- Research, Development and Innovation
- Capital Investment



Photo by Julie Howden

Tonic Arts – Creatively enhancing environments and enriching experiences across NHS Lothian

The World Health Organisation’s report ‘What is the evidence on the role in the arts in improving health and wellbeing?’ (2019) highlights the impact of the arts within prevention and treatment, noting that they can help people experiencing mental illness; support care for people with acute conditions; assist with the management of non-communicable diseases and support end of life care. Tonic Arts, NHS Lothian Charity’s multi-award-winning arts programme, focusses on these priority areas during the acute and rehabilitation periods of the hospital stay to maximise the impact of finite healthcare resources.

The programme celebrates the variety of ways that art can support health and wellbeing, recognising the ability of the arts to both soothe and stimulate; to calm and challenge, ease and engage. These benefits are employed to create a comprehensive programme of creative, impactful support. By enhancing environments, we create welcoming, nurturing, stimulating spaces for patients, staff, and visitors, and, by

enriching experiences, we reduce stress and isolation, build confidence, and support positive clinical outcomes.

Highlights in 2023/24 include:

- The launch of the Tonic Arts microsite, showcasing the work of the programme.
- A new partnership with the Edinburgh International Festival leading to 15 performances by the London Symphony Orchestra enjoyed by over 1,200 patients, staff and visitors across four hospitals.
- Winning a UK Building Better Healthcare Award for the art and design enhancement programme at East Lothian Community Hospital.
- 72 staff shared the stories of their ‘Havens’ to accompany their portraits to create a touring exhibition which raises awareness of the importance of staff wellbeing.

- The Royal Edinburgh Hospital Summer fling brought together the Third Sector organisations working on site to provide art workshops, performances and talks before a carnival parade.
- Illustrator Quentin Blake’s work, ‘The Five of Us’ was the inspiration for an exhibition at The Royal Hospital for Children and Young People, partnered with the creation of a short film of NHS staff reading from the book.
- Installation from the Tonic Arts collection at Midlothian Community Hospital and Leith Treatment Centre.
- The Scottish National Opera provided dementia friendly performances at Medicine of the Elderly wards.
- ‘Our Common Humanity’ a bespoke glass work developed by the hospital community was returned and installed at the Royal Edinburgh Hospital following a year on display at the Scottish Parliament.

How we make a difference:

- “More of what you’re doing, please. People are recognising the value of this work – its working.” – Senior Programme Manager
- “We have [patients] that spend most of their time self-isolating in their bed space and we were able to get them out for the music.” – Activities Coordinator
- “The performance was top notch, I was moved to tears by the first song.” – Patient at an LSO performance
- “I feel a mental and physical change to my wellbeing. It’s been a great stress reliever coming straight from work at my busy job in the hospital. Releases tension in my body.” – Staff member who joined the staff choir
- “I had a difficult shift in the Emergency Department the night before and attending the workshop definitely helped me feel more positive going into my shift that night after the workshop.” – Staff member attending a printmaking workshop
- “I like to come and see what’s on here when I’m in visiting... there’s always really nice things to see.” – Visitor on the exhibition space



Photo by Chris Scott





Photo by John Sinclair

Green Health – Fully realising the potential of the NHS outdoor estate

There is a growing evidence base that demonstrates the connection between greenspaces and nature, and improved health and wellbeing. The strongest evidence concerns the links between contact with greenspaces and improved mental health and wellbeing, stress reduction and the alleviation of dementia symptoms. Research has also found that greenspaces may help mitigate the health impacts of socio-economic inequality.

NHS Lothian Charity's Green Health programme is a driving force for positive change. It aims for long-term impact and sustainability in how green spaces are used and managed across Lothian. This will enhance the experience and care for patients, while also having a positive impact on the health of people and the planet.

Our approach is person centred, putting the individual and their needs at the heart of our work, whether supporting patients, staff or the wider community who visit NHS Lothian sites.

Highlights in 2023/24 include:

- Embedding an ongoing programme of green health activity at three acute hospitals.
- Development and recruitment of the first Nature Rehabilitation Ranger. The post will deliver a programme of greenspace related enhancements and activities designed to engage patients, staff and visitors, increase biodiversity and expand provision of ongoing green health activity to two more hospital sites.
- Launch of Green Health microsite which serves as an information resource primarily for NHS Lothian staff increasing awareness and making it easy to sign up for events.
- Piloting nature connections with the RSPB at the Western General Hospital, focussed on bringing nature indoors as well as helping patients connect outdoors.

- Approval of designs for a large staff wellbeing courtyard at the Royal Infirmary of Edinburgh.
- Completion of several outdoor enhancements to add staff engagement with green spaces for wellbeing including Midlothian Community Hospital staff garden and Wildlife at the Western map and interpretation signage.
- Working with NHS Lothian colleagues to scope and gather evidence for a Biodiversity Action Plan for NHS Lothian.

How we make a difference:

- *"This is what keeps me well, it gives me a sense of purpose and achievement."*
– Royal Edinburgh Hospital Green Health Pathways patient participant
- *"It was really good getting the patients out into the courtyard, they seem to be eating their lunch better today after being out."* – Staff observation after a patient session at the Western General Hospital
- *"It is a perfect space to spend my break; has lots of seating places, is peaceful and full of greenery. I can eat my lunch outdoors, if I have a split shift I have the perfect spot to go to read a book. I am not stuck in the changing room during my breaks. It is peaceful, quiet, calming."*
– Staff member using a wellbeing courtyard



Photo by John Sinclair




Photo by John Sinclair



Photo by John Sinclair




I learned that the hospital environment is where I want to be."


At times like these you realise what value your volunteering has and the difference it makes for patients."



Volunteering Well

With our support, NHS Lothian Voluntary Services Team continues to deliver a volunteering programme which has equal benefit to patients, visitors, staff and volunteers. This mutuality is at the heart of the programme and is key to its ability to attract committed volunteers of all ages to provide practical support across all of NHS Lothian's acute and community hospitals as well as in the community.

Highlights in 2023/24 include:

- At any given time throughout the year there has been more than 1,300 active volunteer placements.
- Introduction of several new roles in addition to the Ward Helper, Welcome Guide and Meaningful Activity volunteers: Therapeutic touch, Patient experience, Mindfulness group, RHCYP Emergency Department and Trolley service volunteers are all now supporting patients, their families and staff.
- A successful summer programme saw 23 young people with barriers to volunteering, education and employment take part in a 4 week intensive volunteering experience.
- A new partnership with a local school has provided stability to the welcome guide team at the Lauriston Buildings with 10 young people volunteering during free periods or with permission to leave class to cover the busiest periods.
- Continued work across NHS Lothian to embed the Clear Pathway Guidance, ensuring that patients and families are able to access the additional support of third sector partners safely.
- NHS Lothian's Transplant Volunteers won the Team Award at the Edinburgh Inspiring Volunteer Awards.

How we make a difference:

- *"I learned that the hospital environment is where I want to be. I learned how to communicate with different types of people and how happy people are just to speak to you."* – Summer programme volunteer
- *"The volunteers have helped with many duties within the unit including patient questionnaires, book trolley and general day to day tasks. Our patients and staff are very grateful to the volunteers for their friendly chats and listening skills delivered with care and compassion."* – Senior charge nurse on summer programme volunteers
- *"I cannot thank all our volunteers enough and I take my hat off to all who have joined us in the Emergency Department despite the chaos. Everyone has smiled, offered to help and we really appreciate the care shown to the patients."* – Health Care Scotland inspector visiting the Emergency Department.
- *"It's great to have this service, it's an escape and good to get ideas and suggestions on what would suit me. Volunteer Ann is very knowledgeable and knows what books to advise."* – Patient at St John's Hospital on the book trolley service
- *"When a patient smiles and is really happy to see you. One patient said how she looked forward to my visit, and during the week when she'd had a 'down' period she wished I'd been there to help. At times like these you realise what value your volunteering has and the difference it makes for patients."* – Volunteer
- *"It is so stressful coming into hospital but the lovely smiling guide helped me calm down and pointed me in the right direction. Even offered to walk with me if I wanted. It made it all so much easier as the hospital is confusing even when you are worried."* – Patient



Photo by John Sinclair

Staff Wellbeing

If NHS Lothian's staff are not supported to look after themselves, then they cannot provide high quality compassionate support for patients, visitors and each other. NHS Lothian has a large and varied staff team of 26,000 staff working across 147 sites including 21 hospitals and 126 GP practices in Lothian. Our approach to staff wellbeing recognises the vital role that everyone plays in achieving NHS Lothian's objectives. This includes both highly visible frontline staff like doctors, nurses, clinical support workers, and porters as well as the dedicated support staff who enable their colleagues' work with patients, such as administrators, receptionists, accountants, and managers.

Highlights in 2023/24 include:

- A tiered mental health support service for staff ranging from informal peer support by staff volunteers to specialist psychological treatment.
- Support for the implementation of NHS Lothian's Work Well strategy, including the Energise You wellness webinar programme exploring topics such as making exercise work for you, mindfulness and fuelling your body for success; the Second Nature weight loss programme helping staff make lifestyle changes to tackle weight loss; the launch of menopause cafés.
- Staff Income Maximisation service providing confidential welfare rights advice to NHS Lothian staff.
- The completion of a programme to create permanent wellbeing spaces for staff. £374k awarded over two years creating 117 new or improved wellbeing spaces for NHS Lothian staff.

🌱 This has helped me during one of the hardest times of my life, feeling at my complete lowest. You have helped me more than you know and I am grateful for this."



How we make a difference:

- "It is making me think about the importance of sleep and about my own wellbeing at work." – Energise You participant
- "Peer support was wonderful." – Menopause Café participant
- "This has helped me during one of the hardest times of my life, feeling at my complete lowest. You have helped me more than you know and I am grateful for this." – Staff support service user
- "I've been given practical strategies and advice that have been so helpful in improving my mental health." – Staff support service user
- "Getting a break away from the department, it's a more relaxing space than work staff rooms." – Wellbeing space user
- "It allows me to have breaks in a calm environment." – Wellbeing space user.



Income Maximisation

The health and care system treats the consequences of poverty, and can be a powerful tool to help mitigate, reduce and prevent its effects on people's health."

'Poverty and the health care system' King's Fund 2022.

Our support of the Income Maximisation Programme enables NHS Lothian to help mitigate and reduce the effects of poverty on patients' health. Our investment enabled the commissioning of specialists from the Third Sector to provide a comprehensive welfare rights and income maximisation service.

Across all of NHS Lothian's acute and community hospitals, expert advisors meet with patients and/or their families (often at the bedside) to explore their financial position and how their hospitalisation and recovery may impact it. They are able to provide advice and practical support to address current financial difficulties and, importantly, prevent them from arising.

For those in immediate crisis, there is the opportunity to access a Hardship Grant of up to £200 to fund visitor travel or accommodation costs, food and essentials for patients going home, or fuel bills to ensure there is a warm home to return to.

The service has supported over 1,500 individuals and has generated a confirmed client financial gain of over a million pounds of extra money in the pockets of people in Lothian on an annual basis (usually for life).

How we make a difference:

- *"I just thought it would be nice for you to know that your advice was very helpful, and I managed to make a successful claim. We really did need it for expenses, transport and parking. Thank you so much for your help and for encouraging me to apply for Attendance Allowance. Thanks again!" - Royal Infirmary of Edinburgh client*
- *"I couldn't see a way forward and felt totally bamboozled by paperwork and what was available. Thanks to Rebecca (advisor) who helped put me on the right path to finding my feet again. I was made to feel like its okay not to be okay, a shining light at the end of a dark tunnel." - Client, St John's Hospital*

Research, Development and Innovation

Alongside the significant investment in research, innovation and development through funds and grants, we have made a multi-year commitment to invest in the development of both Simulation and Clinical Academic Research Gateway Awards.

Simulation

Simulation is a technique of safely replicating 'real life' skills, drills and experiences in an effort to realistically rehearse and train in an environment that is safe for both patients and learners. Our investment in Simulation is supporting NHS Lothian's vision to see and support simulation-based education in every acute department in Lothian. This enhances patient care and improves health in the Lothians. This year we have supported simulation equipment for Midwifery and Obstetrics, Urology and Paediatric teams to improve their surgical skills, for emergency department teams to prepare for critical care admissions for newborns.

Clinical Academic Research Gateway Awards

This innovative programme, offered in partnership with six of Scotland's leading universities, offers Nurses, Midwives, Pharmacy Professions, Psychologists and Allied Health Professionals employed by NHS Lothian five different funded research opportunities.

The 3rd cohort of participants were recruited and began their awards while cohorts one and two moved on with their research into sexual health promotion interventions for those with mental illness, psychological interventions for complex PTSD, simulation for treatment of atrial fibrillation, end of life care and much more. As well as improving their own knowledge and understanding, the participants are now sharing their learning, presenting at local and national events.

2023/24 saw significant recognition of the excellent work of the Clinical Academic Research Gateway Awards as the Chief Scientist Office Development Fellowships have now been modelled on the First Steps and Pre-Doctoral awards developed by NHS Lothian and funded by NHS Lothian Charity.



Strategic Capital Investment

We have a long history of investing in the enhancements of buildings or the purchase of equipment from our ward and specific funds. In recent years, we have adopted a more strategic approach to this investment, identifying a significant annual budget from our General Fund which can be used to complement the ward and specific funds. In 2023/24, we worked with NHS Lothian to align with the capital pipeline prioritisation process to identify projects that enhance and improve patient outcomes and experiences.



Photo by Simon Crofts and Sylwia Kowalczyk

Grants and Funds

Alongside our strategic investment in the programmes of work, we provide financial support from £50-£250k to enable our NHS Lothian colleagues to realise ideas that support our goals of enhanced experience and care for patients in hospital and their communities and having a positive impact on health in Lothians.

This year saw us move to a more proactive model, combining supporting the applications we received from frontline, site and service management colleagues with alignment with NHS Lothian's capital pipeline process, directing our input to where it can have maximum impact.

Many of our supporters choose to donate to NHS Lothian Charity due to a personal experience of accessing services, or in memory of a loved one and the care they received, resulting in a wish to direct their gift to a specific area. To ensure that money is spent in line with donors' wishes, we hold donations in 383 designated and restricted funds. Each with a purpose such as purchasing equipment, patient amenities, refurbishment, or staff development.

In 2023/24, £1,873k was received to the restricted and designated funds in voluntary income with £3,704k being spent from these funds.

Examples of activities funded include:

- £14k for dietetic support for NHS Lothian Pelvic Pain and Endometriosis service to aid the reduction of hospital admission and support patient quality of life.
- £10k for a Sensory Modulation Room within the mental health ward of the Royal Hospital for Children and Young People.
- £177k for a research fellowship focussing on digital interventions in breast cancer care. Research will explore how technology can be used to enable person-centred assessment to improve care.
- £14.5k for innovative equipment to aid patient rehabilitation following stroke. The equipment enabled patients to independently focus on hand/arm strength and motor skills, track their own progress and continue rehabilitation after hospital discharge.

- £52k to facilitate a baby friendly programme at the Royal Hospital for Children and Young People, supporting better understanding of infant feeding and how to support this in a clinical setting.
- £5k for a RITA machine for Medicine of the Elderly wards at the Western General Hospital to alleviate boredom and reduce stress and distress in patients with cognitive impairment while they are in hospital.
- £8k to improve the working environment for Oncology Junior Doctors.
- Over 200 orders for lower cost but equally impactful items such as textbooks for department reference libraries, books and cuddly toys for bereaved children, garden furniture for ward gardens and comfortable chairs for relatives' rooms.





Grants

Our grants programme is designed to complement the designated and restricted funds, providing opportunities for patients and staff where funds are not available. Some of the grants are administered directly by NHS Lothian Charity, others are administered by NHS Lothian colleagues who are better placed to assess and address need.

Grants to enable patient benefit

Grants of up to £5k for items or activities that will directly benefit patients, improving clinical outcomes or enhancing experience either in hospital or accessing community based health care services. 35 grants totalling £117k were awarded. Examples of items funded include;

- £4k for outdoor furniture at Midlothian Community Hospital to enable patients and visitors to enjoy the garden
- £4.5k for enhanced furniture for the patients' lounge in Midlothian Community Hospital
- £5k for improvements to make a waiting area for a community Children and Adolescent Mental Health Service

age appropriate, including sensory equipment

- £1k for craft supplies for a patient group at the Royal Edinburgh Hospital
- £3k for pessary education for patients so they are able to manage their own care

Patient hardship grants

A visit to hospital can be costly for patients and their families and is frequently accompanied by a sudden significant change in circumstances. This can be financially challenging at the best of times but with the cost-of-living crisis impacting so many people, it can result in extreme hardship. To address this, working with our Public Health colleagues, NHS Lothian Charity has made 69 awards totalling £8,635 in emergency hardship grants to alleviate immediate financial crisis with the Income Maximisation Service providing support to address longer term issues.

Grants for activities for patients in hospital at Christmas

Whilst dedicated staff work hard to care for patients and make them comfortable, being in hospital can be challenging, both for patients and their families. This is particularly so at Christmas, when there are increased pressures on families, and increased expectations. To enhance the patient experience, improve mental health, reduce isolation and take a little pressure off families and friends, our Christmas Grants are designed to bring a little cheer to wards and departments over the festive period.

188 wards and departments received grants totalling £86k and over 10,000 patients benefitted from the support as NHS Lothian staff put up trees, decorated spaces, bought cards and presents, and organised sweet and savoury treats.

Climate challenge grants

Having signed the Association of Charities' Funder Commitment on Climate Change, we are serious about supporting our strategic partner NHS Lothian to tackle climate change. Grants of up to £5k can be used to test or make a change that will have a positive effect on reducing carbon usage, increasing recycling, reducing waste or increasing biodiversity. 19 grants totalling £55k were awarded. Examples of items funded include;

- £1k for cloth surgical caps that can be laundered and reused
- £5k for an eco-bike shed for the safe and secure storage of staff and patient bicycles
- £0.5k for a six-month pilot of products made of sustainable material for distribution by health visitors to over 400 children
- £5k for the purchase of two e-bikes for use by the Older People's Community Mental Health Team, reducing carbon emissions as they visit patients own home

Elsie Inglis grants for staff professional benefit

We recognise that supporting NHS Lothian staff professional development is key to achieving our strategic goals of improving health in the Lothians and enhancing patient care and experience. Administered by NHS Lothian's Workforce Development Team, the Elsie Inglis Grants provide support to individuals and teams to develop skills and knowledge. A total of £8,353 was given in grants; 2 were awarded to teams and 14 to individuals.

Staff wellbeing microgrants

As part of our support for the implementation of NHS Lothian's Work Well strategy, we provide the opportunity for teams to apply for microgrants for items and activities which will support and sustain staff wellbeing.

Administered by NHS Lothian's Human Resources & Organisational Development Team, £9,588 was given out in 23 grants for activities such as wellbeing books, staff room improvements, creative writing and relaxation sessions.





Plans for 2024/25

During 2024/25 we will be continuing to deliver on our five-year Strategic Plan

Priority Objectives:

specific changes we want to see for our beneficiaries

- **Enhanced patient and carer experience**

Our award-winning Tonic Arts programme will use creativity to have a positive impact on health and wellbeing of NHS Lothian patients, staff and communities, while our Green Health programme will make the most of the NHS Estate and community greenspaces to improve health and wellbeing and climate resilience.

We will support NHS Lothian's Volunteer Service as it expands into new areas and activities, and fund enhanced Wi-Fi as it continues to roll out across hospital sites.

We plan to support NHS Lothian with a set of signage design guidelines in place of a larger planned wayfinding strategy and improvement programme.

- **Improved clinical outcomes for patients**

Our investment in state-of-the-art equipment and clinical innovation will continue through NHS Lothian's Capital Pipeline programme, and specifically through our support of NHS Lothian's Simulation Strategy.

- **Improved staff wellbeing and professional development**

We are committed to the workforce of NHS Lothian and will continue to invest in their wellbeing through the Staff Psychological Support Service, and our sector-leading Wellbeing Strategy, 'Work Well'.

- **Improved community health and reduced health inequality**

The hospital-based Income Maximisation Service has gone from strength to strength, including a discreet service provided for staff. In 2024, we anticipate supporting the rollout of a specialist service to the Royal Edinburgh Hospital. We are also supporting the implementation of NHS Lothian's Equality and Human Rights Strategy over the next four years.





Fundraising



Thank you to every single person who set themselves a challenge, sponsored a friend, or made a donation to support our NHS Lothian colleagues, patients and their families. We are also very grateful for those who generously left a gift in their Will. It's such a touching way to say thank you to our wonderful NHS colleagues and we are so honoured to support you all.

This year we celebrated the 75th birthday of the NHS and our supporters were keen to get involved and show their thanks and appreciation. Our amazing fundraisers signed up for NHS 75 events and walked or ran 75 miles during the month of June. The birthday celebrations were also a fantastic reason to hold afternoon teas and birthday parties; we were delighted that our patients and NHS colleagues joined in the celebrations. At the end of 2023 we introduced our first Christmas event, "The National 'Elf Service Day'" and enjoyed seeing the stories and photographs of everyone taking part.

We are forever grateful for our dedicated fundraisers, including our fundraising groups Eyecare, BCI (Breast Cancer Institute) and FACE (Fighting Against Cancer Edinburgh). This year we had the privilege of celebrating and thanking the volunteers of FACE and taking a moment to reflect on all the support they have shown the patients, visitors and staff of the Edinburgh Cancer Centre throughout the years. Collectively they have raised over £1.8M over 30 years. Their dedication is inspiring, and we thank each and every one.

Making sure that our donors have the best experience is always important to us and developing different ways to give that suit donors' needs has been a priority. We have introduced a number of different ways to donate, including on a regular basis via direct debit. We know how important it is to make sure people can make a donation in a way that suits them. We have plans to expand on these in the coming year.

We would also like to say thank you to the many businesses, trusts and groups who made financial and non-financial donations to support our patients, their families and staff.

We were delighted that so many companies partnered with NHS Lothian Charity. They took part in various challenges to reach 75 miles throughout June to celebrate the NHS' Birthday, raising money from cake sales, runs, Christmas activities and much more. Companies also rolled up their sleeves to volunteer at the Western General Hospital, tidying our FACE gardens and garden areas around the hospital, making it a calming space for patients, visitors and staff to visit.

Thank you NHS Lothian for what you have done for myself over the last few years. You are all wonderful."

Secret Santa Appeal Donor 2023

With special thanks to:

- The Blythe Family Trust
- Kennedy Wilson/ CBRE/ Waverley Gate Tenants
- RMF Health
- NHS Charities Together
- Jennie Lee and Barrett Steel
- Robertson Group
- Starbucks
- GI Cancer Care
- FreeAgent
- William Purves Funeral Directors
- Michelle Brown PR/ Love Your Business Networking
- Tesco Ground Works
- MacTaggart Scott
- One Four One
- St James Place
- Morrisons Supermarket

Financial Review

Overview

The Charity's fund balances at 31 March 2024 were £89.585m (2022/23 £85.683m). The investment portfolio struggled in the early part of 2023 however gains in the last quarter of the year resulted in an overall investment portfolio gain.

The Charity's income in 2023/24 was £4.581m (2022/23 £4.017m), and expenditure was £6.923m (2022/23 £4.930m).

Income

Income in 2023/24 showed an increase overall on 2022/23 income levels. Voluntary income of £2.298m (2022/23 £1.985m) was received in the year. Income specifically from legacy income increased by £727k on the previous year with the issues with probate we faced last year now easing. This increase is offset by a decrease in other donation income of £436k. The majority of this decrease is due to a large donation of £750k received in the prior year from a charitable trust.

The Charity's net incoming resources, after investment gains of £6.244m were £3.902m (2022/23 net outgoing resources were £4.820m).

Expenditure

In 2023/24 Trustees approved £5.305m in charitable grants. Some highlights are described across pages 12-14 with further examples on nhslothiancharity.org

Costs of Raising Funds

Investment management costs of £0.498m were higher than in the prior year due to VAT now being charged on investment management fees and also the higher portfolio value at the year end. (2022/23 £0.345m).

Fundraising costs of £0.526m (2022/23 £0.382m) as a percentage of income were 22.9% (2022/23 19%). We continue to develop fundraising capacity in order to create sustainable income levels and maintain charitable expenditure over the long term. While the percentage is higher than prior year fluctuations in income and expenditure will mean this figure will vary however the percentage is comparable to other NHS Charities.

Balance Sheet

The Charity's net assets increased to £89.585m (2022/23: £85.683m) mainly as a result of the gains on the investment portfolio.

Performance Going Forward

We will continue to build on the progress the Fundraising team has already made in order to expand our reach to further donors.

The Investment Committee will continue to work with Cazenove to ensure we receive the best return on our money.

Our internal audit reviews in 23/24 gave Trustees assurance in their governance framework and activities going forward.

Reserves Policy

Our policy is to hold investment reserves of 20% of the valuation of the investment portfolio to manage the impact of valuation changes on the capacity of the Charity to support expenditure on grants.

During the year total reserves reached a peak of 31.7%, which was at 31 March 2024. However throughout the year reserves dropped to 24.6%. At this time no distribution is being made from reserves until such time as the markets are more stable.

The balance of investment reserves (realised and unrealised) at 31 March 2024 was £27.923m (31 March 2023: £26.082m), at 31.7% above the Charity's acceptable risk threshold of 20% of the valuation of the portfolio. We will continue to review the situation in the markets and the Investment Committee will consider a distribution later in the year.

The Charity commits to spending 5% of the general fund every year, based on a rolling average of the last 3 years general fund balance. This ensures that the general fund will not be fully spent down and allows the Charity to continue in operation including supporting major redevelopments at NHS Lothian that may extend over a number of years. These large commitments can create significant variations in expenditure from one year to the next, with some years requiring large amounts to be held in redevelopment funds/reserves in anticipation of large scale upcoming projects.

Investment Performance

Investment valuations saw a decline in the middle part of the year however rallied in the final quarter of 2023/24 due to Global Markets enjoying a strong start to 2024. The technology sector continued to be the leader in terms of returns for the Charity but also some of our healthcare investments too.

The portfolio generated a return of 10%, below the benchmark of 13.2% for the year; and is 2.5% below the benchmark over 3 years. Since inception, the portfolio is below the benchmark by 2.7%. As noted previously the portfolio suffered in the middle part of the year however the portfolio is recovering quickly.

The Sustainable Multi-Asset Fund (SMAF) has returned 41.3% since inception which contrasts with the inflation plus 4% target per annum. As well as achieving the financial objectives the Fund invests in companies that create a measurable positive impact for people and planet, generating four times the social benefit and 71% lower carbon footprint than global equities.

Table 1: NHS Lothian Charity Investment Performance Summary FY2023/24

	Benchmark asset allocation (%)	Allocation as at 31 March 2024 (%)	Performance as at 31 March 2024 (%)	Allocation as at 31 March 2023 (%)	Performance as at 31 March 2023 (%)
Portfolio	100	100	10.0	100	-2.6
CPI + 4%	-	-	7.4	-	13.7
Benchmark*	-	-	13.2	-	-3.4
Equities	60	69.9	20.0	65	4.7
Composite Equity Benchmark*	-	-	15.6	-	-1.0
Bonds	20	10.1	3.0	10	-12.3
FTA Gov All Stocks	-	-	-	-	-16.3
Multi-Asset Funds	-	-	-	-	-
Alternatives (exc. Multi-Asset)	20	18.6	-10.6	23	-14.4
UK 3-month LIBOR	-	-	5.1	-	2.3
Cash	-	1.4	-	2	4.0

*all performance figures are net of Investment Management costs. Benchmarks are set within our Investment Policy and mandate.

Common Investment Scheme

The Trustees participate, under a Service Level Agreement (SLA) with the Trustees of Lanarkshire Health Board Endowment Fund, in a Common Investment Scheme. The objects of Lanarkshire Health Board Endowment Fund are the advancement of health which is aligned with those of NHS Lothian Charity. Only the Charity's share of the Common Investment Scheme assets is included in the balance sheet under investments. A separate balance sheet is maintained for Lanarkshire Health Board Endowment Fund's share of the portfolio. Safe custody of the investment assets is provided through the use of Investment Managers.

The Common Investment Scheme portfolio was valued at £92.693m at 31 March 2024 (2022/23: £84.773m) of which £87,791m related to the Charity (2022/23: £79.837m).

Investment Policy

The investment objective is to maximise the "total return" (i.e. aiming to achieve an investment return through both income and capital growth) within moderate parameters of risk, and to maintain the real capital value of the portfolio over the long term.

The investment target is to achieve an annual rate of return (i.e. incorporating an allowance for inflation) of CPI +4%. The Trustees have agreed not to set a specific annual income target.

The Trustees have agreed to a moderate tolerance of risk, accepting that at times this will mean accepting short or medium-term declines in capital values.

Trustees have considered the cost and risk implications of constructing a portfolio from a blend of directly held securities and pooled funds, and have concluded that this route is appropriate given the Charity's specific requirements, particularly with respect to ethical and responsible investment, which cannot be met with sufficient proximity by pooled funds alone.

Ethical and Responsible Investment

During 2023/24 Trustees continued to review their policy with regard to their duties and guidance on ethical and responsible investment, and believe that responsible investment can enhance long-term portfolio performance. In particular, capturing investment opportunities driven by environmental, social and governance (ESG) integration and active ownership may have a material positive impact on investment returns and risks. The Charity also published its own Ethos statement in relation to ESG as well as setting a target of 2050 to achieve net zero in our investment portfolio.

The Investment Manager is encouraged to take an active approach to engagement in these areas when considering both existing and prospective investments.

Trustees also encourage their investment manager to discharge their responsibilities in accordance with current best practice including the UK Stewardship Code, and the UN Principles of Responsible Investment.

The Trustees maintain the following investment restrictions, which would be in direct conflict with the Charity's objectives:

- No direct investments in companies involved in tobacco production, distillers of alcoholic beverages, armaments, fossil fuels or gambling related companies. Screened at 10% of revenue.
- Underlying securities of pooled funds are screened prior to acquisition for exposure to tobacco, alcohol, armaments, fossil fuels and gambling at 10% of revenue and will only be invested in if these represent less than 5% of the overall assets of the relevant fund.

The Charity also has an investment in a SMAF, which mirrors the portfolio's target return objective, risk tolerance and asset allocation strategic weightings and tactical ranges. The fund builds on Trustees' response to responsible and ethical investment by excluding exposure to coal and tar sands, alcohol, pornography, armaments, tobacco, gambling, high interest lending and human embryonic cloning. During the year the Investment Managers attended all meetings of the Investment Committee.

Policies

The Charity is a sector leader in good governance and transparency and has developed an extensive framework of policies and procedures which are published on our website.

The **Trustee Code of Conduct** sets out the Charity's expectations of its Trustees, providing them with clear guidance as to the expected standards of behaviour, responsibilities and best practice in fulfilling their obligations to NHS Lothian Charity, and ensures consistent application of the values and ethos of the Charity by all Trustees.

Complaints Policy and Procedure

The Charity is committed to continuously improving its service to donors, supporters and members of the public, working in an open and accountable way that builds trust and respect and adheres to best practice. We always aim to treat our donors, supporters and other stakeholders with the highest level of care and respect. However, we recognise that on occasion we may not meet their expectations or our own high standards. An effective complaints management system is a proven way of maintaining and building relationships with the people on whom the Charity depends.

During 2023/24 we received one complaint which was satisfactorily addressed. (2022/23 no complaints).

The **Conflict of Interest Policy** helps the Charity identify and manage actual, potential and perceived conflicts of interest which might arise where an individual's personal or familial interests conflict with those of the Charity. Such conflicts can result in decisions or actions which are not in the best interests of the Charity, thereby damaging its reputation. A Register of Interests is updated annually, and declarations of interest are recorded at all Trustee and Committee meetings.

During 23/24 there were no material conflicts of interest.

The **Ethical Fundraising Policy** gives stakeholders confidence in our decision-making when deciding when to accept or refuse a donation that could be deemed as potentially detrimental to the Charity or be contrary to our charitable objectives. Potential detrimental impacts to the Charity could include reputational damage that may lead to a loss of support both in the short or long term that is outweighed by the benefit that the donation could provide. We are committed to good fundraising and the Code of Fundraising Practice.

Freedom of Information Statement

The Charity is exempt under the Freedom of Information Act (Scotland) 2002 (FOISA). NHS Endowment Charities are not listed within the FOISA: Schedule 1, Part 4: The National Health Service Charities by themselves are not bound by FOISA unless they are carrying out a public function. The Charity does not fund core functions which the NHS is obliged to provide to the public, and the board of NHS Lothian does not direct the Charity's activities (i.e. what trustees fund).

Privacy Policy

We are committed to ensuring the privacy of our donors, supporters and other stakeholders is protected. When we collect personal information, we commit to keeping this information safe. In accordance with the Data Protection Act 2018, our privacy statement sets out how we collect and use personal information, and why this is important in enabling us to fulfil our charitable objectives.

Records Management Policy (internal) Incorporating Retention and Destruction of Records Procedure

NHS Lothian is the data controller for the Charity, and we adhere to NHS Lothian's Records Management Policy. However, as a charity some of the information we receive, process and store is not covered under that policy. The purpose of this additional policy is to ensure that the records management of the Charity is in line with current legislation, regulation and guidance.

The **Policy for Treating Supporters in Vulnerable Circumstances Fairly** outlines our principles and approach for staff, trustees and representatives to follow when engaging with supporters who may be experiencing vulnerable circumstances, treating supporters fairly and with respect, adapting our approach to meet supporters' needs and being accountable for our actions.

Whistleblowing Statement

The Public Interest Disclosure Act 1988 provides protection for individuals (employees) who raise legitimate concerns about specified matters, known as qualifying disclosures. New National Whistleblowing Standards for the NHS in Scotland came into force from April 1st 2021 and cover all NHS providers. NHS Lothian is the employer of all staff who are engaged in activities relating to the operation of the Charity; the Charity is not an employer in its own right.

The **Investment and Reserves Policies** are summarised within the Financial Review section on page 39, and the **Risk Management Policy** is described in the Principal Risks and their Management section on page 43.

The Charity's full suite of governance documents are reviewed every two years, and were last reviewed by Trustees in December 2022.

Principal Risks and their Management

Trustees aim to adopt best practice in the identification, evaluation and effective control of risk, to ensure they are either eliminated or reduced to an acceptable level.

The Trustees' risk management objectives are to:

- Integrate risk management into the culture of the Charity
- Manage risk in accordance with best practice
- Consider legal compliance as an absolute minimum
- Anticipate and respond quickly to social, environmental, financial and legislative change
- Raise awareness of the need for risk management

Systems in place to identify and mitigate risks include:

- The Risk Management Policy was approved by Trustees in 2020, and is reviewed every 2 years with the next review due in December 2024.
- The Risk Management Policy is a reserved matter for Trustees
- Oversight responsibility for risk management is delegated to Charitable Funds Committee
- The Risk Register is reviewed as a standing agenda item by the Charitable Funds Committee
- The Senior Management Team has an increased role managing and evaluating operational risk
- Internal audit activity is linked to the Charity's risk universe and periodically reviews risk management systems and controls (most recently in 2016/17) and is due to be reviewed again in 2024/25.

The principal risks and management strategies are summarised below:

The Corporate Risk Register approved in March 2024 considers risk in four categories: Governance & Management, Economic & Financial, Operational & External, and Compliance & Regulatory, across the six enablers that support the successful delivery of the corporate strategy. These are: effective relationships, impact evaluation, increased resources, engaged and effective staff, raised profile, and effective governance and management.

The risk register considers residual risk scoring NET after controls using a 5x5 Likelihood x Impact matrix, and Trustees' level of assurance anchors assurance to the controls and risk scoring and tracking. The Corporate Risk Register currently

contains ten risks; four highest scoring risks and management strategies are summarised below:

● **Risk Description: Do not deliver key elements of the corporate strategy**

External factors such as NHS financial challenges could have an impact on NHS Lothian Charity's operational or strategic delivery of capital projects where these are delayed or deprioritised. In mitigation, we have strategically reprioritised other programmes over capital projects for the short and medium term.

Trustee Assurance: Medium
Residual Risk: Medium

● **Risk Description: Ineffective impact evaluation systems**

For impact evaluation to be meaningful, it needs to be aligned to our strategic objectives and final goal, and reporting needs to be evidence-based and provide learning for programme improvement. In September 2023 we appointed a specialist Evaluation Manager (funded in part by a NHS Charities Together development grant) to develop an evaluation model and data gathering tools to embed evaluation and learning into the culture of the Charity.

Trustee Assurance: Medium
Residual Risk: Medium

● **Risk Description: Fundraising**

While no programmes are dependent on fundraised income, increased resources including fundraising are a key enabler to future funding commitments, meeting our strategic objectives and final goal. A specialist fundraising team with embedded infrastructure to diversify our income base provides sustainability and reduces reliance on one income source. The team continually monitors public attitudes, supporter motivation and donor behaviour to inform fundraising activities.

Trustee Assurance: Medium
Residual Risk: Medium

In March 2024, Trustees agreed to remove the corporate risk linked to the management of the charity's property portfolio. The sale of two major property assets reduced the portfolio considerably, and the level of risk and/or exposure was deemed insignificant.

Structure, Governance and Management

Objects

NHS Lothian Charity is registered as a charity in Scotland SC007342. Our registered office is Waverley Gate, 2-4 Waterloo Place, Edinburgh, EH1 3EG.

The Charity, by virtue of its governing document the National Health Service (Scotland) Act 1978 is constituted as a corporate Trustee, i.e. Lothian Health Board, as a corporate body, has been appointed Trustee of the Charity.

The Charity's objective is the advancement of health, through the improvement of the physical and mental health of the people of Edinburgh and the Lothians, the prevention, diagnosis and treatment of illness, the provision of services and facilities in connection with the above, and the research into any matters relating to the causation, prevention, diagnosis or treatment of illness, or into such other matters relating to the health service as the Trustees see fit.

The Trustees shall observe the principal of not granting charitable funds as a substitute for a core provision, or to cover a responsibility of Lothian NHS Board which is a requirement of health and safety, employment law or a ministerial policy direction. This is in order to reduce the risk of conflict of interest between the role of Lothian Health Board and the Charity Trustees.

Trustee Appointment

All members of Lothian Health Board are appointed by Scottish Ministers. Board members become Trustees of the Charity ex officio, which leads to a consolidation requirement. Trustees collectively are an unincorporated body distinct from Lothian Health Board which indemnifies Trustees (collectively and individually) against allegations of neglect or breach in respect of their duties as Trustees.

The appointment as Trustee is legally distinct from the appointment as board members and individual board members, in their capacity as Charity Trustees, are required to meet the requirements of the Charities and Trustee Investment (Scotland) Act 2005. No other individuals are permitted to be appointed to act as Trustees. Trustees who served throughout the year to 31 March 2024, except where otherwise disclosed, are listed on page 47.

Trustees receive a comprehensive induction to the Charity when they join the Board, including an induction pack which includes the Charity's Charter, Trustee Role Description and Code of Conduct, and Conflict of Interest Policy. Trustees are also invited to seminars and other development opportunities throughout the year on governance, investment and charitable funding.

Powers of Investment

The Lothian Health Board's powers of investment in its capacity as corporate Trustee of NHS Lothian Charity are principally derived from the Charity's Charter and the Charities and Trustee Investment (Scotland) Act 2005:

Trustees are entitled to make any kind of investment of the endowment including a wider power to acquire stocks and shares, or heritable property. Trustees' duties before making an investment are to consider the need for diversification of investments, consider the suitability of the proposed investments, and to consider obtaining appropriate advice.

Trustees also have powers to appoint nominees (i.e. an investment manager) for the purpose of investment.

Remuneration

Trustees are responsible for the appointment of the senior officers (Higher than Agenda for Change Band 7) in accordance with NHS Scotland Agenda for Change policy framework.

Networks and Affiliations

The Charity is a member of NHS Charities Together and a founding member of the NHS Scotland Endowments Network Group, both of which promote the effective working of NHS Charities.

We are also registered with the Scottish Fundraising Adjudication Panel.

Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which show a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the Charity.

In preparing these financial statements, generally accepted accounting practice requires that the Trustees:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- State whether the financial statements comply with applicable accounting standards and the requirements of the National Health Service (Scotland) Act 1978, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are required to act in accordance with the *National Health Service (Scotland) Act 1978*, within the framework of trust law. They are responsible for keeping adequate accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the Trustees to ensure that, where any statements of accounts are prepared by them under section 44 of the *Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended)*, those statements of accounts comply with the requirements of regulations under that provision. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the NHS Lothian Charity Trustees at their meeting held on 26 June 2024.

DISCLOSURE OF INFORMATION TO AUDITORS

To the knowledge and belief of each of the persons who are Trustees at the time the report is approved:

- a) So far as the Trustee is aware, there is no relevant information of which the organisation's auditor is unaware; and,
- b) He/she/they has taken all steps that he/she/they ought to have taken as a Trustee to make himself/herself aware of any relevant audit information and to establish that the auditor is aware of that information.

Approved by the Trustees and signed on their behalf by:



Andrew Fleming
26 June 2024



Craig Marriot
26 June 2024

Organisation

Trustee Board

Andrew Fleming (Chair)
Shamin Akhtar
Nadin Akta (until 19/04/24)
Philip Allenby
Jonathan Blazeby (from 01/02/24)
Calum Campbell (until 31/05/24)
Dr Patricia Cantley (from 01/02/24)
Harry Cartmill
Prof Siddharthan Chandran (until 29/02/24)
Andrew Cogan (from 01/04/23)
Prof John Connaghan CBE
Martin Connor
Jim Crombie (from 01/06/24)
Tracy Gillies
Elizabeth Gordon
George Gordon
Prof John Innes (from 01/04/23)
Fiona Ireland
Stephen Jenkinson
Katharina Kasper
Prof Amjad Khan (from 01/02/24)
Peter Knight
Alison MacDonald
Kirsty MacDonald (from 10/06/24)
Craig Marriot
Prof Lorna Marson (from 16/04/24)
Angus McCann
Bill McQueen CBE (until 31/01/24)
Tracy Ann Miller
Derek Milligan
Dona Milne
Peter Murray (until 31/01/24)
Val de Souza

Decision Making and Committees

Trustees are responsible for the general control and management of the administration of the Charity, agreeing the strategy, any policies pertinent to governance and control, annual budgets, and internal and external audit. Trustees approve the Annual Report and Financial Statements, the establishment, membership and Terms of Reference of any committee, and consider any proposal for expenditure out with the strategy and annual budget over £500k. There were four full Trustee meetings during 2023/24.

Trustees are usually served by two standing committees and three advisory groups. Both committees are chaired by a Trustee, but include non-Trustee members. Both report to the full Trustee Board:

The Charitable Funds Committee is appointed to develop the Charity's strategy and objectives, oversee the implementation of an infrastructure appropriate to its efficient and effective running, oversee the expenditure and investment plans, and monitor the performance of the Charity's activities ensuring it adheres to the principles of good governance and complies with all relevant legal requirements.

The Investment Committee is established to oversee the Charity's Investment Policy, the setting of appropriate benchmarks for investment performance, and the monitoring of performance against those benchmarks.

The Ethical Fundraising Review Group is established to oversee the acceptance and refusal of donations, gifts and partnerships in line with the Ethical Fundraising Policy.

The Arts Advisory Group is appointed to support delivery of the Arts in Health and Wellbeing Strategy and the ongoing programme activity. The group did not meet during the year.

The Greenspace and Health Advisory Group is appointed to support the delivery of the Greenspace and Health Strategy and the development of programmes and activities. The group met three times during the year.

The Senior Management Team is responsible for the day-to-day leadership of the Charity, the management of staff, contractors and volunteers, the delivery of our strategy and adherence to agreed policies and procedures.

Advisors

Auditors (Statutory)

CT
Chartered Accountants and Statutory Auditors
61 Dublin Street
Edinburgh
EH3 6NL

Auditors (Internal)

NHS Lothian
Waverley Gate
2-4 Waterloo Place
Edinburgh EH1 3EG

Investment Managers

Schroder & Co Ltd
t/a Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

Bankers

The Royal Bank of Scotland plc
Commercial Banking
1st Floor, Gemini Building
24-25 St Andrew Square
Edinburgh EH2 1AF

Solicitors

Turcan Connell
Princes Exchange
1 Earl Grey Street
Edinburgh EH3 9EE

Senior Management Team

Jane Ferguson Director
Jane Greenacre Head of Programmes
Patricia Irving Head of Finance
Nicola Sinclair Head of Engagement

Auditor's Report and Financial Statements

Independent Auditor's Report to the Trustees of NHS Lothian Charity for the year ended 31 March 2024

Opinion

We have audited the financial statements of NHS Lothian Charity (the 'charity') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the National Health Service (Scotland) Act 1978.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's (FRC's) Ethical Standard, and we have fulfilled our ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- proper accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of the Trustees

As explained more fully in the trustees' responsibilities statement set out on page 46, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charity and the sector in which it operates and considered the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud. These included but were not limited to the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

We focussed on laws and regulations that could give rise to a material misstatement in the charity's financial statements. Our tests included, but were not limited to:

- agreement of the financial statement disclosures to underlying supporting documentation;
- enquiries of management and the trustees;
- review of minutes of trustee meetings throughout the period;
- specific consideration was given to transactions with related parties; and
- obtaining an understanding of the control environment in monitoring compliance with laws and regulations

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made exclusively to the charity's trustees, as a body, in accordance with regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the National Health Service (Scotland) Act 1978.

Our audit work has been undertaken so that we might state to the charity's trustees, as a body, those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



CT, Chartered Accountants and Statutory Auditor

61 Dublin Street
Edinburgh
EH3 6NL

Chiene + Tait LLP (trading as CT) is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006

Financial statements

Statement of financial activities for the year ended 31 March 2024

		Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	NOTE	£000	£000	£000	£000	£000	£000
Income and endowments from:							
Donations and legacies	2	1,716	582	2,298	1,038	947	1,985
Charitable activities	3	-	-	-	-	30	30
Investments	4	2,283	-	2,283	2,002	-	2,002
Total		3,999	582	4,581	3,040	977	4,017
Expenditure on:							
Raising funds	5	997	27	1,024	706	21	727
Charitable activities	6	4,410	1,489	5,899	4,062	141	4,203
Total		5,407	1,516	6,923	4,768	162	4,930
Net income/(expenditure)		(1,408)	(934)	(2,342)	(1,728)	815	(913)
Net gain/(loss) on investments		6,244	-	6,244	(3,907)	-	(3,907)
Net income/(expenditure)		4,836	(934)	3,902	(5,635)	815	(4,820)
Transfers between funds		211	(211)	-	314	(314)	-
Other recognised gains/(losses):							
Other loss - sale of investment property		-	-	-	(84)	-	(84)
Net movement in funds		5,047	(1,145)	3,902	(5,405)	501	(4,904)
Reconciliation of funds							
Total funds brought forward	15	80,358	5,325	85,683	85,763	4,824	90,587
Total funds carried forward		85,405	4,180	89,585	80,358	5,325	85,683

The Statement of Financial Activities includes all gains and losses recognised in the year. All results relate to continuing activities.

Notes 1 – 19 on pages 55–69 form part of these financial statements.

Financial statements

Balance sheet as at 31 March 2024

		Total funds 2024	Total funds 2023
	NOTE	£000	£000
Fixed assets			
Investments			
Securities	9	87,791	79,837
Cash awaiting investment	12	207	457
Investment property	9	1,215	1,215
Total fixed assets		89,213	81,509
Current assets			
Debtors	11	175	218
Cash at bank and in hand	12	3,123	6,146
Total current assets		3,298	6,364
Current liabilities			
Creditors: amounts falling due within one year	13	(2,926)	(2,190)
Net current assets		372	4,174
Total assets less current liabilities		89,585	85,683
Financed by – charity fund total	18	89,585	85,683
Represented By:			
Unrestricted – General Funds		53,446	47,705
Unrestricted – Designated Funds		31,959	32,653
Restricted Funds		4,180	5,325
Charity fund total	15	89,585	85,683

Notes 1 – 19 on pages 55–69 form part of these financial accounts.

NHS Lothian Charity Financial Statements for the year ended 31 March 2024 were approved by the Trustees at their meeting held on 26 June 2024.

Craig Marriott

Mr Craig Marriott
Trustee

A. Fleming

Mr Andrew Fleming
Chairman of Trustees

Financial statements

Statement of cash flows for the year ended 31 March 2024

	Total funds 2024	Total funds 2023
NOTE	£000	£000
Cashflows from operating activities		
Net cash (used in) operating activities	(3,948)	(3,113)
Cash flows from investing activities		
Dividends, interest and rents from investments	2,283	2,002
Proceeds from sale of property	-	2,416
Proceeds from sale of investments	(10,327)	(10,460)
Purchase of investments	(10,327)	(10,460)
Net cash provided by investing activities	675	5,045
Change in cash and cash equivalents in the reporting period	(3,273)	1,932
Cash and cash equivalents at the beginning of the reporting period	6,603	4,671
Cash and cash equivalents at the end of the reporting period	12	3,330

Reconciliation of net income/(expenditure) to net cash outflow from operating activities

	2024	2023
	£000	£000
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	3,902	(4,820)
Adjustments for:		
Revaluation (gains)/loss on investments	(6,346)	3,948
Dividends, interest and rents from investments	(2,283)	(2,002)
Decrease in debtors	43	96
Increase/(Decrease) in creditors	736	(335)
Net cash (used in) operating activities	(3,948)	(3,113)

Notes to the financial statements

Principal Accounting Policies

General Information

1.1 Basis of preparation

These financial statements are presented in pounds sterling (GBP) as that is the currency in which the Charity's transactions are denominated. They comprise the financial statements of NHS Lothian Charity. The objective of NHS Lothian Charity is the advancement of health and the promotion of physical and mental health and wellbeing of the people of Scotland. NHS Lothian Charity is an unincorporated charity, recognised as a charity for tax purposes by HMRC and registered with the Office of the Scottish Charity Regulator (OSCR) under charity number SC007342. Details of the principal address can be found on page 45 of the financial statements.

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with the United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' (FRS102), the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)', published in October 2019, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the National Health Service (Scotland) Act 1978 and the charity's constitution.

NHS Lothian Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy.

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires Trustees to exercise their judgement in the process of applying the accounting policies. Use of available information and application of judgement are inherent in the formation of estimates. Actual outcomes in the future could differ from such estimates. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed in note 1.14.

The principal accounting policies applied in the preparation of these financial statements are noted below. These policies have been applied consistently to all the years presented in dealing with items which are considered material in relation to the Charity's financial statements unless otherwise stated.

Going concern

The Trustees are of the opinion that the Charity can continue to meet its obligations as they fall due for the foreseeable future. The financial position and cash-flow forecasting is reviewed on a regular basis by the Charitable Funds Committee and reported to Trustees. As a consequence, the Trustees have prepared the financial statements on a going concern basis.

Controlling entity

The financial statements are consolidated into the Lothian Health Board (operating as NHS Lothian). The basis of the consolidation is merger accounting. The financial statements are available on the website of NHS Lothian.

1.2 Income

Donations and grants are recognised once the Charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Investment income is recognised when right to receipt is established.

Incoming resources are included gross of any tax recoverable.

Income that is restricted by the donor is included in an existing restricted fund that most closely matches the nature of the restriction unless it is not possible to match the donation to a fund in which case a new fund will be established. Income which has no restrictions attached is included in the general funds of the Charity.

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the estate(s) that payment of the legacy will be made or property transferred once all conditions attached to the legacy have been fulfilled.

Where legacies have been notified to the Charity and the criteria for income recognition haven't been met, the legacy is treated as a contingent asset and disclosed if material. Legacy income

is measured at fair value, generally the cash amount receivable, and is discounted if deferred for more than 12 months. The unwinding of the discount is recognised as interest receivable.

Gifts in kind are not accounted for where they will be accepted and immediately distributed as they have no realisable value.

1.3 Resources expended and recognition of liabilities

All expenditure is recognised when there is a legal or constructive obligation committing the Charity to the expenditure. Expenditure is accounted for on an accruals basis and has been classified under headings of raising funds and charitable activities, which aggregate all costs related to the category.

The costs of generating funds are the direct costs associated with raising funds and include fundraising costs and investment management fees. Fundraising costs are those incurred in seeking voluntary contributions and include direct costs such as publicity and direct mailing material. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities.

Costs of charitable activities comprise all costs identified as wholly or mainly incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to direct costs. The total costs of each category of charitable expenditure therefore include support costs and the apportionment of overheads, as shown in note 6.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity. These costs include costs related to statutory audit together with an apportionment of overhead and support costs.

Any irrecoverable VAT is charged to the statement of financial activities, or capitalised as part of the cost of the related asset, where appropriate. Most items of medical or scientific equipment and aids for the disabled may be zero-rated for VAT purposes when purchased wholly from charitable funds.

The Charity is not separately registered for VAT. As permitted by HM Revenue & Customs (HMRC) under the NHS Contracted Out Services Regulations, VAT on relevant invoices paid from Endowment Funds is reclaimed using Lothian Health Board's own VAT registration reference. Amounts reclaimed are credited to the endowment funds which bore the costs initially.

1.4 Investments

Investments and properties are stated at fair value at the balance sheet date. The investment properties are valued on an open market basis every few years by professional surveyors, in accordance with RICS guidelines, and reviewed during interim years by the Trustees.

Quoted stocks and shares are included in the balance sheet at mid-market price, excluding dividends as this is not materially different from bid value.

Any realised gains and losses on revaluation or disposals are disclosed in the Statement of Financial Activities.

1.5 Realised and unrealised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and the carrying value (purchase date if later). Unrealised gains and losses are calculated as the difference between the fair value at the year-end and the carrying value (or purchase date if later).

1.6 Heritage assets

The Charity holds some artworks and other minor collectables. These Heritage assets are not included in the balance sheet as the cost in time and resources to obtain a full and accurate valuation would be prohibitive and wouldn't provide the reader of the financial statements with any additional information. Acquisitions and gifts of historical or other heritage value to the Charity are not generally made. The Trustees do not have any plans to dispose of heritage assets. The management of the heritage assets of the Charity are overseen by its Board of Trustees. Further details of heritage assets are in note 10.

1.7 Pensions

The Charity is a grant making charity and has no employees (Charity staff are employees of NHS Lothian); any pension contribution or taxation liabilities that may arise are solely the responsibility of the grant recipient.

1.8 Taxation

The Charity has charitable status and is exempt from income tax under Section 505 of the Income and Corporation Taxes Act 1988 and capital gains tax under Section 256 of the Taxation of Chargeable Gains Act 1992 and the Charity is entitled to describe itself as a Scottish charity.

1.9 Funds

Unrestricted funds are income sources which are receivable for the objectives of the Charity without further specified purposes and are available as general funds.

Designated funds are unrestricted income sources which have been earmarked for a specific future purpose.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

1.10 Accrued income

Accrued income relates to legacies and dividend income to which the Charity is entitled which has not been received at the year end.

1.11 Creditors

Trade creditors are obligations to pay for goods or services that have been acquired. They are recognised at the undiscounted amount owed to the supplier, which is normally the invoice price.

1.12 Cash and cash equivalents

Cash and cash equivalents includes cash in hand, deposits held at call with banks, cash balances held within the investment portfolio, balances held in commercial banks and other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts.

1.13 Financial assets and financial liabilities

Financial instruments are recognised in the financial statements when the Charity becomes a party to the contractual provisions of the instrument. Financial instruments are initially measured at transaction price unless the arrangement constitutes a financing transaction which includes transaction costs for financial instruments not subsequently measured at fair value. Subsequent to initial recognition, they are accounted for as set out below. A financing transaction is measured at the present value of the future payments discounted at the market rate of interest for similar debt instrument.

Financial instruments are classified as either 'basic' or 'other' in accordance with Chapter 11 of FRS 102.

At the end of each reporting period, basic financial instruments are measured at amortised cost using the effective interest rate method. All financial instruments not classified as basic are measured at fair value at the end of the reporting

period with the resulting changes recognised in income or expenditure. Where the fair value cannot be reliably measured, they are recognised at cost less impairment.

Financial assets are derecognised when the contractual rights to the cash flows from the asset expire, or when the Charity has transferred substantially all the risks and rewards of ownership. Financial liabilities are derecognised only once the liability has been extinguished through discharge, cancellation or expiry.

Current assets and current liabilities are measured at the cash value expected to be paid or received.

1.14 Significant estimates and judgements

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The Charity makes judgements in applying accounting policies.

2. Donations & Legacies

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Donations	541	545	1,086	762	762	1,524
Legacies	1,147	37	1,184	272	185	457
Grants	28	-	28	4	-	4
Total donations and legacies	1,716	582	2,298	1,038	947	1,985

3. Charitable Activities

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Development grant - NHSCT	-	-	-	-	30	30
Total charitable activities	-	-	-	-	30	30

In 2022/23, the Charity received a Development Grant for the purposes of appointing an Evaluation and Learning Manager.

4. Investment Income

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Listed equity investments	2,188	-	2,188	1,950	-	1,950
Schroder	9	-	9	3	-	3
Bank interest	51	-	51	14	-	14
Rental property	35	-	35	35	-	35
Total investment income	2,283	-	2,283	2,002	-	2,002

5. Raising Funds

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Investment management	498	-	498	345	-	345
Fundraising costs	499	27	526	361	21	382
Total raising funds	997	27	1,024	706	21	727

6. Charitable Activities

The Charity did not undertake any direct charitable activities on its own account during the year. Grants were approved in favour of beneficiaries and the Charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by beneficiaries. Support costs have been apportioned across the categories of charitable expenditure based upon the level of expenditure on grant funded activity.

An initial allocation of overhead and support costs has been made to unrestricted funds and restricted funds based on the balances on these funds at the end of the financial year, exclusive of investment properties. From this allocation, balances are then identified for governance related costs leaving a residue to be allocated and /or apportioned across all other activities, namely charitable expenditure and costs of generating funds.

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Grant Making						
Grant funding of activities (note 7)	3,847	1,458	5,305	3,547	111	3,658
Support costs (Note 8)	435	24	459	398	23	421
Governance (Note 8)	128	7	135	117	7	124
Total charitable activities	4,410	1,489	5,899	4,062	141	4,203

7. Analysis of Grants Expenditure

The Charity does not make grants to individuals. The total cost of making grants is disclosed on the face of the Statement of Financial Activities. Restricted and Designated Funds are operated on Trustees' behalf by Stewards, who may disburse grants to a designated limit of £5,000 based on the purposes of that fund.

Total grant making expenditure was £5,305k of this the following institutions received grant funding above £100,000:

	£000
Institutional Grants	
NHS Lothian	3,270
University of Edinburgh	369
Other Organisations	1,666
Total	5,305

Note 16 contains more detail on the grant making expenditure with NHS Lothian.

8. Analysis of Support & Governance Costs

	Charitable Activities	Governance costs	Total 2024	Charitable Activities	Governance costs	Total 2023
	£000	£000	£000	£000	£000	£000
Salaries and related costs	399	70	469	354	62	416
External Audit	-	19	19	-	21	21
Property/post/phone/other	60	46	106	67	41	108
Total	459	135	594	421	124	545

The Charity Office costs in 2023/24 totalled £594,000 (2022/23: £545,000). The majority of costs are salary related. Staff are employed by NHS Lothian and costs recharged to the Charity. The Charity does not employ anyone directly. In addition no Trustee received any remuneration or expenses from the Charity during the year (2022/23 – none).

CT Audit Services received £nil for fees for non-audit activities in 2023/24 (2022/23: Azets Audit Services £420).

Other key expenditure items during the year relate to a SLA with NHS Lothian for financial services provision, operational website costs, legal and property costs and other office expenditure.

9. Investments

	Investment Property 2024	Market Investments 2024	Total 2024	Investment Property 2023	Market Investments 2023	Total 2023
	£000	£000	£000	£000	£000	£000
Cost or valuation at 31 March 2023	1,215	79,837	81,052	3,715	84,412	88,127
Acquisitions	-	10,327	10,327	-	10,460	10,460
Disposals	-	(8,719)	(8,719)	(2,416)	(11,087)	(13,503)
Revaluation gain/(loss)	-	6,346	6,346	(84)	(3,948)	(4,032)
Valuation at 31 March 2024	1,215	87,791	89,006	1,215	79,837	81,052

The historic cost of market investments is £64,981k (2022/23 £61,337k).

The investment property at Hatton Place was revalued by DVS chartered surveyors in March 2022 in accordance with RICC guidelines, on an open market value basis. The property is due to be revalued again in March 2025.

The investment property at Caledonian Road was revalued by DM Hall chartered surveyors in October 2018 in accordance with RICC guidelines, on an open market basis. The property is due to be revalued again in October 2024.

10. Heritage Assets

The Charity possesses an inventory of historical and contemporary artworks and other minor collectables which are not held for the purposes of conservation but to promote the use of arts and heritage as a therapeutic component of improving health and wellbeing for patients and visitors to NHS premises. These Heritage assets are not included in the balance sheet as the cost in time and resources to obtain a full and accurate valuation would be prohibitive and wouldn't provide the reader of the financial statements with any additional information.

11. Debtors

	2024	2023
	£000	£000
Tax recoverable	2	-
Prepayment & accrued income	173	218
Total	175	218

12. Cash and Cash Equivalents

	2024	2023
	£000	£000
Cash at bank	3,123	6,146
Cash at investment manager	207	457
Notice deposits < 3 months	-	-
Total cash and cash equivalents	3,330	6,603

13. Creditors

	2024	2023
	£000	£000
Creditors due within 1 year		
Trade payables	-	3
Accruals	2,926	2,187
Total	2,926	2,190

14. Financial Assets and Liabilities at Fair Value Through Net (Expenditure)/Income

	2024	2023
	£000	£000
Investments at fair value (note 9)	87,791	79,837

15. Analysis of Restricted Funds

Hospital Restricted Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2024
	£000	£000	£000	£000	£000	£000
St John's Hospital at Howden:						
Martha Ritchie Cancer Care Fund	204	19	(5)	-	30	248
Western General Hospital:						
WGH Neurological Surgery Fund	528	-	(34)	-	78	572
Astley Ainslie Hospital:						
Edinburgh Physio Rehab Service Fund	118	-	(18)	-	17	117
East Lothian Community Hospital:						
Harriet Connolly Fund	128	-	(25)	-	19	122
Simpson Centre for Reproductive Health:						
G & J Bassett Legacy Fund	272	-	(70)	-	40	242
Royal Infirmary of Edinburgh:						
CEG Wright Renal Scanner Fund	302	-	(7)	-	45	340
Total Hospital Restricted Funds >£100k	1,552	19	(159)	-	229	1,641

Division-wide Restricted Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2024
	£000	£000	£000	£000	£000	£000
Share of Undistributed Investment Reserves	2,003	-	-	-	(369)	1,634
Total Division-wide Restricted Funds >£100,000	2,003	-	-	-	(369)	1,634
Other Restricted Funds less than £100,000	1,770	563	(1,357)	(211)	140	905
Total Hospital & Division-wide Restricted Funds	5,325	582	(1,516)	(211)	-	4,180

15. Analysis of Unrestricted Funds

Hospital Designated Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2024
	£000	£000	£000	£000	£000	£000
St John's Hospital at Howden:						
Critical Care Unit (CCU) Endowment Fund	113	-	(8)	-	9	114
Oncology & Haematology Day Unit Fund	206	18	(6)	-	17	235
W. Lothian Palliative Care Fund	59	128	(1)	-	5	191
Breast Cancer Fund	149	13	(4)	-	12	170
Laser Fund	346	-	(9)	-	29	366
Western General Hospital:						
Edinburgh Cancer Centre Fund	447	12	(139)	-	37	357
Stroke Research and Amenities Fund	112	3	(4)	-	9	120
Rheumatic Diseases Unit Fund	221	-	(17)	-	18	222
Respiratory Medicine Unit Fund	157	-	(5)	-	13	165
Edinburgh Centre For Neuro-Oncology	166	2	(5)	-	14	177
Margaret Lee Oncology Fund	97	16	(3)	-	8	118
Microbiological Research Fund	107	-	(4)	-	9	112
J. King Urological Cancers Research	160	3	(30)	-	13	146
Head & Neck Cancer Research Fund	204	6	(8)	-	17	219
General Oncology Department Fund	665	21	(65)	-	55	676
Diabetes Unit Fund	96	2	(5)	-	8	101
Fighting Cancer In Edinburgh	137	90	(75)	-	11	163
Colorectal Research Fund	176	1	(5)	-	14	186
Haematology Research Fund	618	4	(103)	-	51	570
Paul Abraham Molecular Laboratory Fund	243	-	(6)	-	20	257
Edinburgh Neurology Fund	424	2	(25)	-	35	436
Breast Cancer Institute Fund	337	16	(167)	-	28	214
Haematology Ward Fund	237	8	(51)	-	20	214
Oncology Ward Funds	148	3	(4)	-	12	159
Edinburgh Breast Unit Fund	168	2	(16)	-	14	168
Colorectal & Urology Wards	133	1	1	-	11	146
Royal Victoria Building:						
The Edinburgh Parkinson's Service Fund	150	-	(11)	-	12	151
Royal Hospital for Children and Young People:						
Calderwood Paediatric Cardiology Fund	213	-	(8)	-	18	223
Trastevere Fellowship Paediatric Pathology	114	-	(3)	-	9	120
Endocrine and Diabetes Fund	101	-	(6)	-	8	103
Leukaemia & Cancer Fund	520	1	(29)	-	43	535
RHCYP (Gen Purposes) Site Fund	309	72	(74)	1	25	333
Royal Infirmary of Edinburgh:						
Critical Care Areas Fund	-	4	(10)	127	-	121
Kidney Transplant	296	11	(18)	-	24	313
Coronary Care Unit Fund	386	1	(14)	-	32	405
Scottish Liver Transplant Unit	318	4	(11)	-	26	337
Dermatology	106	-	(2)	-	9	113
Edinburgh Vascular Research Fund	170	9	(18)	-	14	175
Medical Renal Unit Fund	1,230	122	(15)	-	101	1,438
Renal Research Fund	209	48	(14)	-	17	260
Edinburgh Orthopaedics Funds	299	7	(41)	169	25	459
Princess Alexandra Eye Pavilion:						
Treatment of Blindness & Research Fund	134	13	(8)	-	11	150
Eye Research Fund	318	-	(37)	-	26	307
Friends Eye Care Fund	77	187	(10)	-	9	260
Total Hospital Designated Funds >£100k	10,876	830	(1,093)	297	895	11,805

Division-wide Designated Funds >£100K	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2024
	£000	£000	£000	£000	£000	£000
Dorothy Melville Bequest – Edi	133	-	(3)	-	11	141
Camhs Eat Diso, Rsrc&Selfhelp	346	8	(43)	-	29	340
Edin Cancer Centre Rsrch Fund	867	7	(99)	-	72	847
Edinburgh Heart Centre Fund	748	249	(5)	-	62	1,054
Edinburgh Spiritual Care Services Fund	128	1	(5)	-	11	135
Share of Undistributed Investment Reserves	13,738	-	-	-	(1,561)	12,177
Total Division-wide Designated Funds >£100,000	15,960	265	(155)	-	(1,376)	14,694
Other Designated Funds less than £100,000	5,817	196	(941)	(93)	481	5,460
Total Hospital & Division-wide Designated Funds	32,653	1,291	(2,189)	204	-	31,959

Unrestricted Funds – General Fund	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2024
	£000	£000	£000	£000	£000	£000
General Fund	47,705	2,708	(3,218)	7	6,244	53,446
Total Unrestricted Funds	80,358	3,999	(5,407)	211	6,244	85,405

The Trustees set a closing balance of £100,000 or above as the threshold for separate reporting of material funds.

The titles of the individual funds are indicative of the particular speciality, department, hospital or research activity that they support. They fall into two broad categories – funds received by way of legacies or substantive donations to support particular specialities/developments/research activities. Alternatively, they are funds of a custodial nature established at the request of designated Fund Stewards and controlled by them on an operational basis, but subject to the general oversight of the Trustees.

Although Investment Reserves are held for the benefit of individual General and Designated (Unrestricted) and Specific (Restricted) Funds, they are held in separate Reserve Accounts until such time as the Trustees may deem it appropriate for part or all of the reserves to be distributed to individual Funds.

General (unrestricted) funds exist for each hospital or group of hospitals in Lothian to hold donations where the donor has made the donation for the benefit of an individual hospital or group of hospitals but not specified how the Funds are to be expended. In these circumstances, the Trustees use their discretion in deciding how to use these Funds.

There are many individual Restricted Funds where the donor has expressed a wish as to how the donation is to be used. Typical uses are research, patient amenities and equipment.

Transfers

There were ninety-nine transactions in the year in relation to transfers between Restricted and General (Designated funds), mainly in relation to closure of funds.

15. Analysis of Restricted Funds – Year Ended 31 March 2023

Hospital Restricted Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2023
	£000	£000	£000	£000	£000	£000
St John's Hospital at Howden:						
Martha Ritchie Cancer Care Fund	191	17	(4)	-	-	204
Western General Hospital:						
WGH Neurological Surgery Fund	548	1	(21)	-	-	528
Astley Ainslie Hospital:						
Edinburgh Physio Rehab Service Fund	127	-	(9)	-	-	118
East Lothian Community Hospital:						
Harriet Connolly Fund	132	-	(4)	-	-	128
Simpson Centre for Reproductive Health:						
G & J Bassett Legacy Fund	289	-	(17)	-	-	272
Royal Hospital for Children and Young People						
SCRH Neonatal Unit Refurb. Fund	-	750	-	-	-	750
Royal Infirmary of Edinburgh:						
CEG Wright Renal Scanner Fund	307	-	(5)	-	-	302
Brown & Ireland Estate Arthritis Fund	152	-	(4)	-	-	148
Total Hospital Restricted Funds >£100k	1,746	768	(64)	-	-	2,450

Division-wide Restricted Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/ (Losses)	Balance at 31/03/2023
	£000	£000	£000	£000	£000	£000
Share of Undistributed Investment Reserves	2,008	-	-	(5)	-	2,003
Total Division-wide Restricted Funds >£100,000	2,008	-	-	-	-	2,003
Other Restricted Funds less than £100,000	1,070	209	(98)	(309)	-	872
Total Hospital & Division-wide Restricted Funds	4,824	977	(162)	(314)	-	5,325

15. Analysis of Unrestricted Funds – Year Ended 31 March 2023

Hospital Designated Funds >£100k	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/(Losses)	Balance at 31/03/2023
	£000	£000	£000	£000	£000	£000
St John's Hospital at Howden:						
Critical Care Unit (CCU) Endowment Fund	113	3	(3)	-	-	113
Oncology & Haematology Day Unit Fund	198	20	(12)	-	-	206
Breast Cancer Fund	151	1	(3)	-	-	149
Laser Fund	354	-	(8)	-	-	346
Western General Hospital:						
Edinburgh Cancer Centre Fund	438	14	(61)	56	-	447
Stroke Research and Amenities Fund	115	-	(3)	-	-	112
Rheumatic Diseases Unit Fund	227	-	(6)	-	-	221
Respiratory Medicine Unit Fund	58	100	(1)	-	-	157
Edinburgh Centre For Neuro-Oncology	155	19	(8)	-	-	166
Microbiological Research Fund	111	-	(4)	-	-	107
J. King Urological Cancers Research	160	3	(3)	-	-	160
Head & Neck Cancer Research Fund	208	1	(5)	-	-	204
General Oncology Department Fund	677	1	(13)	-	-	665
Fighting Cancer In Edinburgh	191	43	(97)	-	-	137
Colorectal Research Fund	173	11	(8)	-	-	176
Haematology Research Fund	629	6	(17)	-	-	618
Paul Abraham Molecular Laboratory Fund	248	-	(5)	-	-	243
Edinburgh Neurology Fund	442	1	(19)	-	-	424
Breast Cancer Institute Fund	672	33	(369)	1	-	337
Haematology Ward Fund	248	9	(20)	-	-	237
Oncology Ward Funds	149	2	(3)	-	-	148
Edinburgh Breast Unit Fund	100	5	(4)	67	-	168
Colorectal & Urology Wards	-	67	(1)	67	-	133
Royal Victoria Building:						
The Edinburgh Parkinson's Service Fund	157	-	(7)	-	-	150
Royal Hospital for Children and Young People:						
Calderwood Paediatric Cardiology Fund	216	-	(3)	-	-	213
Trastevere Fellowship Paediatric Pathology	159	-	(45)	-	-	114
Endocrine and Diabetes Fund	111	-	(10)	-	-	101
Leukaemia & Cancer Fund	534	1	(15)	-	-	520
RHCYP (Gen Purposes) Site Fund	368	56	(115)	-	-	309
Royal Infirmary of Edinburgh:						
Kidney Transplant	326	-	(47)	17	-	296
Coronary Care Unit Fund	394	1	(9)	-	-	386
Scottish Liver Transplant Unit	235	94	(11)	-	-	318
Dermatology	109	-	(3)	-	-	106
Edinburgh Vascular Research Fund	182	3	(15)	-	-	170
Medical Renal Unit Fund	1,277	7	(54)	-	-	1,230
Renal Research Fund	249	-	(40)	-	-	209
Edinburgh Orthopaedics Funds	-	-	(4)	303	-	299
Princess Alexandra Eye Pavilion:						
Treatment of Blindness & Research Fund	147	15	(28)	-	-	134
Eye Research Fund	377	26	(85)	-	-	318
Total Hospital Designated Funds >£100k	10,658	542	(1,164)	511	-	10,547

Division-wide Designated Funds >£100K	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/(Losses)	Balance at 31/03/2023
	£000	£000	£000	£000	£000	£000
Dorothy Melville Bequest – Edi	137	-	(4)	-	-	133
Camhs Eat Diso, Rsrc&Selfhelp	346	9	(9)	-	-	346
Edin Cancer Centre Rsrch Fund	771	13	(70)	153	-	867
Edinburgh Heart Centre Fund	775	4	(31)	-	-	748
Edinburgh Spiritual Care Services Fund	-	-	(3)	131	-	128
Share of Undistributed Investment Reserves	13,738	-	-	-	-	13,738
Total Division-wide Designated Funds >£100,000	15,767	26	(117)	284	-	15,960
Other Designated Funds less than £100,000	6,878	366	(629)	(469)	-	6,146
Total Hospital & Division-wide Designated Funds	33,303	934	(1,910)	326	-	32,653

Unrestricted Funds – General Fund	Balance B/fwd	Income	Expenditure	Transfer In/(Out)	Gains/(Losses)	Balance at 31/03/2023
	£000	£000	£000	£000	£000	£000
General Fund	52,460	2,106	(2,858)	(12)	(3,991)	47,705
Total Unrestricted Funds	85,763	3,040	(4,768)	314	(3,991)	80,358

16. Material Donations, Legacies or Grants

Details of all individual donations, legacies or grants of over £50,000 are listed below:

Donation/Grant to:	Donor/Legator/Grantor	Purpose	Amount
			£000
Lothian Health Board	Blyth Family Trust Fund	Blyth Trust Fund and Meaningful Activities Fund	396
Lothian Health Board	James Robertson, deceased	General Fund	296
Lothian Health Board	Aileen Hannan, deceased	Edinburgh Heart Centre Fund	247
Lothian Health Board	Euphemia Halliday, deceased	West Lothian Palliative Care Fund	129
Lothian Health Board	Robert Wilson, deceased	Princess Alexandra Eye Pavilion	98
Lothian Health Board	Miss Anna Mouat	Medical Renal Unit Fund and Renal Research Fund	96
Lothian Health Board	Beckett Family	Gill Mitchell Wellbeing Fund	82
Lothian Health Board	Ranald Godfrey, deceased	Friends Eyecare Fund	79
Lothian Health Board	Roseanne Adams, deceased	Medical Renal Unit Fund	71
Lothian Health Board	Anonymous	General Fund	60
Total			1,554

17. Related Party Transactions

The Trustees are all executive or non-executive members of Lothian Health Board. There were no transactions with the Trustees or their related organisations during the year other than with Lothian Health Board. The Charity's grant making transactions remitted to Lothian Health Board during the financial year amounted to £3,270,000 (2022/23 £1,991,000) (breakdown shown below). Included within income is rental income of £30,000 (2022/23 £30,000) from Lothian Health Board. As stated in note 8 the Charity does not directly employ any staff. All staff are employed by NHS Lothian on Lothian NHS Board employment contracts with a cost of £1,097,653 (2022/23 £878,924) charged by the Health Board to the Charity. At 31 March 2024 there was a balance outstanding of £379,082 (2022/23 £234,174) payable to NHS Lothian.

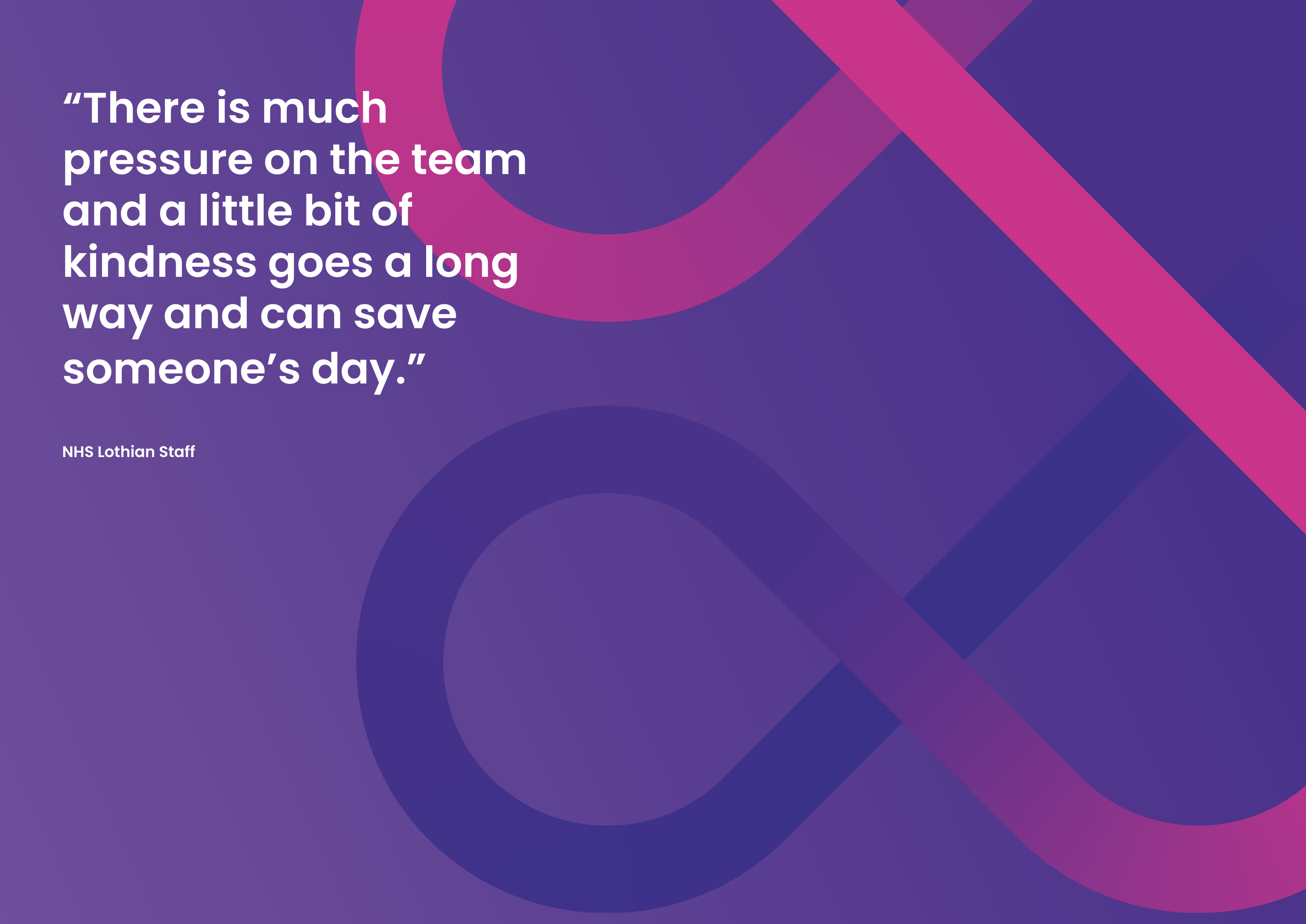
Expenditure with NHS Lothian:	Amount £000
General Funds	
Capital Projects	343
Work Well	298
Volunteering	250
Research, Development and Innovation	150
Small Grants	107
Patient Wi-Fi	72
Other NHS – small projects	119
Designated Funds	
Economic evaluation of digital interventions in breast cancer care	177
Additional ultrasound scanner for breast screening Cell free DNA Analysis	79
Cell free DNA Analysis	68
Develop Dianna Manson Centre for Mental Health Research	63
Baby friendly: Infant Feeding Advisory	52
Health & Wellbeing Facilitator – RHCYP Women and Children	50
Various other small projects	126
Restricted Funds	
Simpsons Neonatal Unit refurbishment	750
Palliative Care & Oak Tree Garden refurbishment at East Lothian Community Hospital	140
Dementia Friendly Project (RIE)	55
Additional Neck Lump Machine	50
Other specific fund expenditure	321
Total grant making expenditure with NHS	3,270

18. Analysis of Net Assets Across Funds

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£000	£000	£000	£000	£000	£000
Investment property	1,215	-	1,215	1,215	-	1,215
Investments	83,023	4,975	87,998	75,681	4,613	80,294
Net current assets less long term creditors	1,167	(795)	372	3,462	712	4,174
Net assets	85,405	4,180	89,585	80,358	5,325	85,683

19. Analysis of Changes in Net Debt

	At Start of Year	Cash-Flows	Foreign Exchange Mvt	Other Non-Cash Changes	Other	At End of Year
	£000	£000	£000	£000	£000	£000
Cash and cash equivalents	6,603	(3,273)	-	-	-	3,330
Total	6,603	(3,273)	-	-	-	3,330



**“There is much
pressure on the team
and a little bit of
kindness goes a long
way and can save
someone’s day.”**

NHS Lothian Staff



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Scottish Registered Charity Number SC007342

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